



BETWEEN THE FLAGS

Maroubra SLSC Foundation Surf Life Saving Club



August 2010 PARTNERED BY THE MAROUBRA SEALS CLUB
MAROUBRA SURF LIFE SAVERS' NEWS & INFORMATION ISSUE No. 133

VALE PETER CHAPMAN

Sadly, Maroubra Lost Life Member Peter Chapman last month. Peter was a Life Member of both the Maroubra Surf Life Saving Club and the Maroubra Seals Club. Chapo, who was 83 years old, was a former Chief Instructor, (1973-1975) Honorary Secretary 1967-1970, winner of the Honour Blazer in 1966-67 and long term director of the Maroubra Seals Club. Chapo was a great character, who loved the surf club life at Maroubra. He will be missed by his family and friends.

THE BIGGEST LOSER

If you have been around the surf club lately you would be asking who our new club member is who is training the house down and shares the exact same name of former Club Captain Gary Pracy. Well believe it or not it is our own Gary Pracy just 20 kgs lighter. SALT constructions took on their own biggest loser competition with 20 entries and 3 months to lose as much weight as possible. Our own starters from Maroubra Surf Club included Gary Pracy, Robert Stuart, Mark Davies and new member Craig Malone. The crew has been training hard under the guidance of Commando Damien Sonogo, I don't think Damien trained this hard with the Rabbitoes! The boys have been at the surf club each morning at 5am and been training hard and wearing ear muffs to avoid listening to Mad RAY – Army's shadow. With final weigh in on Fri 6th August it was down to the final 4 biggest losers in the last week. Gary Pracy in front, Thomas Roberts 2nd place (Being trained by Blake Big lips Francis and Leon The Rat Hay – NO CHANCE!) 3rd place Rob Stuart and 4th place Craig Malone. It was very close between all four and the \$2,000.00 prize money certainly had all four doing their best. (story by one of the crew).

BREAKING NEWS!! GARY PRACY WON AT 94.5kg!! GREAT WORK GARY!!

FIRST MEETING OF THE BOARD

The first meeting of the Board of Management was held in July. There are a number of important items of priority for the new Board, including the commencement of a large building and refurbishment programme, an increased effort to improve the club's social gatherings and a review of our income base, which should see a number of new fund raising events during the season. The Board is in a very good position to deliver on their priorities' following two years of excellent financial results and a saving plan, which has accumulated sufficient funds to complete building works, with the assistance of several local and state grants.

HAVE YOUR CONTACT DETAILS CHANGED?

Please don't forget to let the club know if they have - email maroubra@bigpond.net.au or write to The Honorary Secretary, PO Box 104, Maroubra 2035. Also, if you know of any members' contact details, which may have changed (particularly older members whose situation may have changed), please advise the Honorary Secretary, so that we can keep our records up to date.

ANNUAL PROFICIENCIES

With the start of each new season, surf lifesavers across Australia are required to perform annual proficiency training and updates. The proficiency process this season will be managed by Director of Membership, Tony Grivell. Dates for proficiencies have been submitted for a range of awards including several in September;

IRB Driver & Crew + ATV	10am Sun 05 Sept
ART/Spinal	6pm Mon 06 Sept
IRB Driver & Crew + ATV	10am Sun 19 Sept
ART/Spinal	6pm Mon 27 Sept

The ART (Advanced Resuscitation Techniques) now replaces the ARC (Advanced Resuscitation Certificate). ART incorporates defibrillation and new suction equipment.



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IS YOUR ACCESS TAG NOT WORKING?

If your access tag is no longer working, it is probably because you have not paid your annual fees. Tags automatically turn off progressively between July to August if fees are not received. Fees are not due if you are a 100% patrol member (last season), you are a 50 year member, or a Life Member.

FEES

Annual membership fees for the 2010-2011 season are now **overdue**. Fees remain unchanged since last season.

Fees are as follows:

Active 13 – 15	\$30
Active 15 – 18	\$35
Active Senior >18	\$50
Active Reserve	\$60
Long Service	\$60 pensioner \$30
Associate	\$400 renewal (\$600 new member)
Locker Maintenance fee	\$15
Board Locker Maint. fee	\$75 (non-active) \$25 (active)
Ski Rack Maint. fee	\$50
Craft Storage (board & ski sheds) fee	
free for active competing members	
\$50 for active non-competing members	
\$50 for long service competing members	
\$200 for long service non-competing	

Members may post cheques and credit card slips (available on the website) to Honorary Secretary, Maroubra SLSC Inc, PO Box 104, Maroubra 2035. Members may also pay in person at the office or over the phone at the following times: Friday, 5 – 6.30pm and Sunday, Noon – 2pm (these times may change – advice will be posted on notice board and sent in the newsletter). Please do not post cash.

Membership cards/receipts will be issued when fees are paid in cash.

If fees are paid by cheque or credit card and you would like a receipt/membership card, please request this with your payment and one will be posted to you.

DID YOU KNOW?

During World War II access to Maroubra Beach was blocked off by huge steel girders and barbed wire in order to impede an invasion by the Japanese. Some of our older members recall the scene and describe the ways in which they could still access the surf. If any of you have photo's of the fortifications can you please advise the club.

Between The Flags

SURF CLUB TO TRAIN WINTER SWIMMERS

The Maroubra Surf Life Saving Club have identified the need for emergency protocols and training to be put into place in order to respond to a poolside emergency during winter swimming at Mahon Pool.

Swimmers, some who are elderly and/or frail, dive into chilly water at Mahon Pool from April to September each year.

It's a great activity and lots of fun.

In order to manage the risk to winter swimmer members, the surf club has provided oxygen resuscitation equipment and defibrillation equipment. We are also providing resuscitation training and defibrillator training during August for any winter swimmers who want to attend.

TRAINING COURSES

Any members who would like to join courses in awards such as Advanced Resuscitation Techniques, First Aid, Inshore Rescue Boat Drivers and Crewperson, Spinal Management, Beach Management, Emergency Care, Coaching courses, Bronze Medallion and Surf Rescue Certificate, should register with Chief Instructor Gary Cheer. Gary's number is 0411 635 593.

TRAINING OFFICERS NEEDED

Have you ever considered becoming a training officer? It's a great way to polish your skills and contribute to the training of our active surf lifesavers. The process is simple, contact Gary Cheer on 0411635593, observe a few training sessions, co-train a few sessions and undertake the SLSA trainers' programme.

PRIZES FOR TRIVIA NIGHT

The club is planning a trivia night during the first half of the season. It is shaping up to be a great night. Please support this fund raising / social event. Details will be posted later.

You can help now though The organisers are looking to put together prizes for the night. Your help is sought in supplying contacts or asking for support from local business and activities. Even prizes from individuals would be good – like – a week of dog walking celebrity car wash e.g. a local celebrity like say Dennis Heussner OAM could come around to your house and wash your car (just an idea Dennis).