



MAROUBRA SLSC

Surf Life Saving Club

established 1906

AN INTRODUCTION TO SURF CARNIVALS

WHAT IS SURF SPORTS?

AND WHAT ARE THE BENEFITS OF COMPETITION?



What is Surf Sports?

Surf Sports is the broad term used to describe the many, varied and constantly evolving events in surf lifesaving competition. These events range from straightforward individual swimming and running races to traditional team events such as R&R (Rescue and Resuscitation) and March Past.

What does Surf Sports Competition have to offer?

The opportunity to build physical fitness, hone your surf skills and build friendships to last a lifetime. Those who compete, or have competed in

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surf sports, tend to stick with surf lifesaving for longer and eventually bring their children to it. There are many families within our club that are multi-generational surf lifesavers and almost all of them have members that have, or still do compete in surf sports. The camaraderie that surf sports competition fosters, particularly in team events and at championship carnivals, is nothing short of phenomenal.

Surf sports competition does not exclude the educational aspects of surf lifesaving, but goes hand in hand with it to develop well rounded, fit, healthy, expert lifesavers.

Children who want to compete *must* first complete their annual Competition Proficiency (i.e. timed pool and open water swim) even if they only wish to compete in beach events. Without being competition proficient, they *cannot* be entered into carnivals.

Then they must undertake training for their chosen events, and attend carnivals where the club will pay their carnival entry fees. We will only let children proceed to the branch and state championships if they have been competing in carnivals earlier in the season, as well as keeping up their training. If your child is a “no-show” to a carnival that they have been entered into, and you cannot provide sufficient advance notice and/or a satisfactory excuse for their absence, you will be required to repay the entry fee to the club, and repeat offenders will be denied entry to future carnivals.

Training session times are posted and updated along with carnival dates, flyers programs (if available), on our Maroubra SLSC Team App and carnival entries are made by emailing: nippersracesecretary@maroubraslsc.com.au

If you are not already on our Team App then please register at:

<https://maroubraslsc.teamapp.com/>

and apply join our Maroubra SLSC Team, and request access to the various groups whose topics you would like to receive information on.

If you have any questions or problems getting onto our Team App, please speak to your child’s age manager and/or email our Junior Surf Sports Coordinator, Dave Love at:

MaroubraRnR@gmail.com
