



BETWEEN THE FLAGS

Monthly Newsletter of the Maroubra Surf
Life Saving Club

*Surf Life Saving Club of
The Year 2012-2013*

Partnered by the



Maroubra Seals

MESSAGE FROM THE PRESIDENT

APRIL 2019 – NEWSLETTER 8

Hi Everyone,

I want to start off by thanking the patrols under Grant Bruce (7) & John Georgas (8). Both Captains had their patrol members lined up on Sunday, flag to flag for a minutes silence for our fellow Life Savers, Ross & Andy Powell from Port Campbell SLSC who tragically lost their lives attempting to rescue a person washed off rocks, close to their beach.

The image of our clubs' 30 plus patrol members standing in solidarity showing our respect was a very proud moment for me. The tribute showcased to the public what a strong institution Surf Life Saving is in our community and reminded the beach goers of the dangers our patrolling members face in their service to protect our beaches.



With daylight saving over, it's a reminder our last patrols draw close and this weekend of 27th & 28th, it will see our members on the beach for the last time in the 2018/19.

I want to congratulate all patrolling members for their outstanding service this season, a season which saw 70 plus new members join our club, attain their SRC or Bronze award and join us on the beach patrolling. I'd like to also thank the Patrol Captains, Vice-Captains and IRB drivers for their skills and leadership at each patrol under their watch. The Life Saving committee under the Club Captain, Mat Harper, have yet again set the bar in standards for our club and will continue to refine our patrols next season.

It must also be pointed out; our members skills are taught to them by a group of extremely talented and very hard-working trainers under the leadership of CTO Paul O'Donohue. I want to thank you all for your selfless dedication to training our new members and of course up-skilling our patrolling membership. Our trainers with the help of Yasmin Grivell leading the charge, also successfully trained over 17 community (University & schools) groups to our club for Surf Life Saving tutorials, a remarkable effort in educating what are essentially non- swimming students from Asian based nations.

Thank you all for a wonderful season, you should all feel very proud of your efforts in keeping our beach safe for our community at large.

The "Aussies" have just been completed in Broadbeach, QLD with over 4500 competitors in attendance. Maroubra had a fair contingent of competitors representing our club over a broad range of age groups and competition events. Having spent four days at the event and attending a few "training sessions" I can attest to the fact that the Maroubra spirit is alive and well. It was an event where the surf tested the competitors and despite the carnival being moved to Kirra for the younger age groups, our competitors showed great resilience with some impressive results, gaining entry to many finals and regularly finishing up with the leaders. The results hold well for the future.

Thanks to our team manager Sarah Goldrick and Linda Hession who tirelessly orchestrated the event timetable to ensure our competitors were where they had to be, when they had to be. A big thank you to Cliff Gerathy, Brian Purdon, Brodie Schott, Cuz & Lisa McGuigan our magnificent trainers for their effort in coaching our members throughout the season.

Special congratulations to Maddie McGuigan, Gold in the u14 surfboard riding and Silver to Jackson McCleary in the 2km open water swim. Outstanding results for our young competitors, an Australian Surf Life Saving Championship medal.



MAROUBRA

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Well done to all involved in the event and for keeping the Maroubra "red & blue" colours represented at the Aussie titles. Looking forward to bigger and brighter results next season.

With the off season upon us, the IRB Racing season begins. There has been plenty of communication through the club about expression of interest in joining the IRB Racing fraternity. They have been hard at training for their first event in Stockton next weekend, so if you feel inclined to jump in and have a go, please contact IRB Captain Karl Fidler or any member of the team for information. Good luck this season IRB team.

I want to thank everyone on behalf of the BOM for all your efforts this season, some low-profile tasks go un-noticed, some aspects are well recognised. It does take however everyone's effort to create and make a club successful for all its members.

We feel we have a progressive ideology in place to keep our club on a development path, which will benefit all members. Having said that, we always welcome ideas and feedback from our members, that will keep our club on top of the game. If you ever feel you have something to offer the Club in any aspect please contact a BOM member to discuss, we are always willing to listen and learn.

Thank you everyone for a successful season, looking forward to next Summer and maintaining the momentum gained this Season.

Regards
Danny Donohoe
President
Maroubra SLSLC

MSLSC CALENDAR

Sun 28 th Apr	Patrols Finish	
Sat 4 th & Sun 5 th May	IRB Racing, Round 1	Stockton
Sat 18 th & Sun 19 th May	IRB Racing Round 2	The Lakes
Sat 1 st & Sun 2 nd June	IRB Racing Round 3	Cape Hawke
Sat 15 th & Sun 16 th June	IRB Racing Round 4	Caves Beach
Sat 22 nd June	Maroubra Annual Presentation Night, Club house	6.00pm
Sun 30 th June	AGM	TBC

AUSSIES 2019

This year we headed back to the Gold Coast for the 2019 Australian Titles and competed on at number of the Gold Coast beaches (Nth Burleigh, Burleigh, Miami, Broadbeach & Nth Kirra), with one of our biggest teams in recent years over 33 competitors. I'll just do a quick recap below for the full report you will have to wait till the annual report.

Our youth competed well at North Burleigh with Ella Carr and Breanna Riley representing us from the R&R family making Dave Love proud, Maddi McGuigan, Kobi O'Sullivan, Holly Stewart and Giorgi Parks, Toby Doyle, Will Punton and Connor and Jackson McCleery competing strongly in the surf and sand events.

Massive effort by all with Giorgi coming 7th in the sprint final and Maddi coming in 7th in the Flags final. Toby coming 15th in Swim final.

2km ocean swim at Burleigh for Jackson McCleery, Toby Doyle, Kyle O'Sullivan and Sami Goldrick. With Jackson McCleery swimming nicely into a SILVER medal.

The youth did not finish there with Kobi, Holly and Maddi competing in the surfing at Miami Beach they all surfed well with Maddi McGuigan scooping the GOLD and Holly making it to final. James Stewart also surfed strongly making through the



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heats to the semis on Wed – in the U17 boys.

At Broadbeach also saw our two wonderful coaches Cuz and Lisa McGuigan give the masters competition a shot, racing hard in some perfect surf conditions, unfortunately the long banks at low tide did not work well with their ankles.

For the Opens Carnival we had a great team. U17 boys - Kyle O'Sullivan, Jacob Philips, Brock Punton and Easton Churchill, Baylei McGuigan representing U17 Girls and making up the teams in the U19 girls with Maddi Hession and Sami Goldrick, Sealettes Boaties Girls Amelia Merlo, Cameron Fisher, Emily El Chah and Layla Bonello and the Dirty Dogs boatie boys Tom Quealy, Anton Huxtable, Josh Bishenden, Will Twomey and sweep none other than Cliff Gerathy.

Surf picked up and racing was suspended after only a few races on Wed and again on Thur and we were moved to North Kirra along with the Boatie girls on Friday and Sat. Open men's and U19 boys were allowed to stay put and race at Broadbeach and we wish we could have stayed too as our competitors love the big surf and have trained all year in it. It was painful to move all the gear and set up again 40 min down the coast but that was the call from SLISA so off we went.

Up early on Friday/Sat to North Kirra for a very packed schedule of racing with everyone racing well but back to back in much smaller surf, we had many semis and finals with both the boys and girls giving it their all, if only the surf was bigger! Team events were a highlight – Baylei, Maddi & Sami making Board relay finals coming 12th and the boys coming close in the board rescues. The Sealettes has some great races with Cliff as sweep and were just pipped by one point to make the Semis, so close.

Saturday, we had a wonderful team dinner at the Broadbeach bowling club with the teams trying their hand at barefoot bowls – lots of fun had by all but not a late one as we had so many competing on Super Sunday.

Super Sunday finals day and we were ALL back at Broadbeach. It started early with Marchpast – Brians ladies team did well with 3.5 points coming in 8th. Recognition to Cuz and John Restucia for their SLISA life member status, the Marchpast team cheered mighty proud when both names

were called out. Sami swam in the Swim final coming 12th and Kyle in the swim final coming 14th. We had cheer squads galore for the Boatie boys who raced magnificent coming 8th narrowly missing out on the final. Did I mention that the waves were even bigger than they had been on Wed-Sat it was HUGE and the thrills and spills just kept coming to delight of the crowd. The atmosphere was electric. The highlight for me was watching the U19 ladies taplin race with Baylei taking the board leg in huge seas, Maddi racing smart in the ski, and Sami swimming the final leg coming 8th overall in an awesome race seeing some teams not even make it across the line, so proud of all our competitors. See this is why Cuz takes you out in all conditions.

For all who stayed on, mad Monday was also a highlight with some awesome dress ups - six packs, Smurfs and Kath, Kim & Kell just too funny! Had to be there!

Big thanks to all our amazing competitors and their families who train so hard all year. Thanks to our coaches Lisa, Cuz, Cliff, Brian & Dave you are all amazing and they could not do this without your dedication. To our IRB drivers and crew Gabby, Mark, Fred and Bryce a job well done you are awesome it was some tough conditions and you did Maroubra proud. Big thanks to Danny for coming up last minute and giving us heaps of support and helping with the packing up of gear etc. To Grant Owen for officiating at the Youth carnival – on ya mate. To all my team assistants holding spots for kids on the line attending all the meetings etc thanks for all your support and help (Lisa, Karen, Leigh, Holly, Cuz, Katja etc) and thanks to Linda for all her help and keeping me fed and sane. Thanks also to Wayne Clare for allowing us to crash at Red Rock on the way up with the trailer and it would be rude of me not to give a huge shout out of thanks to my daughter Sami for her help in driving the gear trailer up and back, even if she did head the wrong way and almost run out of fuel ;-)- you were always supportive and helpful and an excellent driver!. Thanks to Marc and his daily calls to Goldy on the Goldy and the BOM for being supportive and encouraging these kids. These are the kids I want saving me on the beach- so much respect for you all!

Sarah Goldrick
Team manager Aussies 2019

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NIPPERS STOCKTAKE

Dear fellow parents and clubmates,

We will be conducting a stocktake of all the Nipper surf craft (i.e. long boards, both fiberglass and soft nipper boards and rescue boards) this Saturday 27 April from 9am until midday.

Would you please be able to return to the club this Saturday morning, any nipper surf craft that you may have at home so we can count them? If you are unable to do so please contact me to make other arrangements at:

MaroubraRnR@gmail.com or 0425 298 665.

Also, if any of you can help with this task on Saturday morning, your assistance would be greatly appreciated.

Thank you in advance,
Dave

SAVE THE DATE – MAROUBRA ANNUAL PRESENTATION NIGHT

Our Presentation Night is on Saturday 22nd June. If you have gained your Bronze Medallion or SRC Certificate this season, or any other SLSA award, it will be recognised at the awards night. Surf sports awards and Major club awards will be presented during the night. It's also a great way to get together and celebrate the end of the season. So, come along and celebrate all your achievements!

Date: Saturday 22nd June

Location: Maroubra Club house.

Start time: 6.00pm for 6.30pm



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END OF SEASON EVENT

Keep a look out as we are organising one last event as a thank you for all our patrolling members.

We will be sending out a surf guard message in the next few days. We will also post on the club Facebook page and the Team App. It will involve a day out full of adrenaline and lots of laughs.

Get your club mates together & make sure you get in quick as we have limited numbers

Membership Committee!!



WOULD YOU LIKE TO BE MORE INVOLVED AND LEARN MORE ABOUT THE CLUB?

Calling on all existing members, new members or parents. Would you like to be more involved and learn more about our Club?

We are looking for someone to do our monthly newsletter for next season. All you should do is send a group email to the head of the various groups, eg president, membership, surf sports, BOM, IRB racing, nippers, etc. asking for their contribution to the newsletter. Then put the newsletter together and it will be posted on our website.

This is a great way to get to know who's who and who does what in our Club and what happens behind the scenes.

If you are interested or would like more details, please email Linda Hession at membership@maroubraslsc.com.au

MEMBER OF THE MONTH – FRANKIE BRYANT (CLUB SECRETARY)



When and how did you come to join MSLSC?

I am an accidental clubbie as I never set out to join the Club! My flatmate at the time wanted to row surf boats and talked me and another girl into joining her. We came to the club to ask when we could start, only to be told you needed a bronze first - no one ever said anything about patrols and I didn't know any better being from the UK.

So, I took a week off work and signed up for the Lightning Bronze course, Jan 2012. The other girl never showed up for the course, my flat mate moved to the Northern Beaches, I got my Bronze and I still haven't rowed a boat yet!

I was lucky enough to join patrol 2 where Scottie Hoskins took me under his wing and made me into a clubbie (thanks Scottie!). In the meantime I have swum on every patrol I have ever done - his rule which is now my rule!

What Surf Club activities/events are you involved in?

I'm currently the Secretary and a Patrol Vice Captain.



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What do you enjoy most about being part of MSLSC/What have been some highlights during your time at MSLSC?

I just love standing on the flags with no other job to do than to keep people safe and help them enjoy the beach. In this world of constant distraction, it's so good for your brain to focus on one thing.

I also love the amazing people who are the rest of the patrol. The SRCs and new Bronzies who so often have been brought up on the beach and know way more than I do. The older members who are the living history of the club. The First Aiders who love to fix people. I'm constantly meeting new and interesting people on patrol.

What would you say to people considering joining our club?

I spent a few years as a supervisor at Surfcom, which is SLSC NSW's emergency communications center. Our motto was *Patrol Differently*, as we could have all different types and ages of people up there. In my mind the Club is no different. Even if you can't get a bronze you can still be a First Aider, manage the BBQ, help out with events. But if you can get one you should, there is no better time you can have than to hang out on the beach with a bunch of great friends! There is room in our Club, and in Surf Life Saving, for all types of people. If you love the ocean and want to learn more about it come and join.



COMMUNICATION

CHECK OUT OUR WEBSITE FOR CLUB INFORMATION

We encourage all members to check out our website for the latest news and calendar updates, go to
<http://www.maroubraslsc.com.au/calendar>

DOWNLOAD MAROUBRA SLSC TEAM APP

Maroubra SLSC Team APP - This is where members can communicate with their fellow members. Access groups are set up for patrol teams and training groups. This is where you have access to the most up to date training information and club social events. The App is also where you can order club clothing, swimwear, merchandise, start chat groups, locate Surf carnival information and club events will be advertised via the App. You can also buy tickets to club events via the App. See below the Team App brochure which will show you how to download the team app to your mobile phone. When you sign up you will be asked some



basic information then to choose the access groups that you are interested in.

We have many access groups' including board or ski training, Nippers training, Patrol groups, club races etc. Choose only those access groups that you are interested or participate in so you get tailored messages and notices to only these events. If you don't have a mobile you can also look at the Team App on your computer at <https://maroubraslsc.teamapp.com/> but you won't receive text message notices.

MAROUBRA SLSC

NOW HAS ITS OWN APP

Download our awesome new app now and stay up to date with all the latest information!

Install the Maroubra SLSC App on your smartphone or tablet now!

Follow these steps:

1. Download Team App from the Apple or Google Play app store.
2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "Maroubra SLSC".
4. Choose your applicable access group(s).
5. If you don't have a smartphone go to maroubraslsc.teamapp.com to sign up and view this App online.

Need help?
 Contact: Maroubra SLSC
 Email: membership@maroubraslsc.com.au
 Phone: (02) 93491336

teamapp.com

AUSSIES 2019



MESSAGE FROM THE CLUB SECRETARY

WHAT TO DO IF YOU NEED HELP AND CAN'T

Email admin@maroubraslsc.com.au with information on what you need and either Sue or I will get back to you and arrange a time to meet up that you can make.

Frankie Bryant





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