

# Junior Development Program (Nippers)



Season  
2019 / 2020

Information Booklet



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## Welcome from Director of Junior Development

We would like to welcome to all our new and returning junior members and their parents & guardians, to Maroubra Surf Life Saving Club for the 2019/2020 Season which will be a season comprising fun, action and learning at Maroubra Beach.

Maroubra SLSC was established in 1906 and has a proud tradition of providing state of the art lifesaving services for the community, and has arguably the greatest competitive history of any surf club in Australia. Maroubra SLSC's main aim is to provide the community with a safe and secure dry land and aquatic environment.

As part of our community service, Maroubra conducts a Junior Surf Lifesaving Programs, better known as "Nippers". Our Nipper program for U6 to U14s has been running for a long time with thousands of children enjoying the benefits of our program.

At Maroubra, the aim of our Nippers program is first and foremost to train our "Young Lifesavers of The Future". Training to become a surf lifesaver from a young age is a wonderful way to learn many new skills and meet so many great friends.



While your children are with us they will learn many skills, and these will deliver a mind-set of being safe in the water, physical skills to allow them to enjoy the ocean, and also an understanding of serving the community via surf lifesaving.



Over the years, your child will be taught a wide range of skills, all associated with being a Surf Lifesaver when they get older and graduate in the U14s with their SLS Surf Rescue Certificate, via our Maroubra Rookie Program.

Through the age groups, skills such as surf awareness, board paddling, surf swimming, rescues with tubes and boards, CPR, First Aid, leadership and teamwork will all work hand in hand to develop your child.

In the year 2024, members of this season's under 9s Nippers age group will become engaged in one of the most iconic and honourable community services in Australia; continuing a century long respected tradition of patrolling our beaches as volunteer surf lifesavers; i.e. the custodians of public safety on our beaches. Who wouldn't want their child to aspire to, and be involved in that?

Obviously for us all, fun & friendship is a major component of our training for Maroubra Nippers, and this is one of our main focuses during our training and activities at the beach.

Along with surf and lifesaving skills, we teach our junior lifesavers resilience, self-reliance, community spirit, teamwork, and to use their initiative; and we help them to build a sense of camaraderie & teamwork, and strike up friendships that will last a lifetime. It is a truly diverse organisation with a principal focus on respect for one's self and each other.

We run an activity based program to promote physical fitness and educate young children about surf safety and surf awareness, first aid, CPR and ultimately rescue and resuscitation techniques in any aquatic environment, including in the surf and on the



beach. The Nippers program also offers the participants the opportunity to meet a new set of friends while they are being challenged in activities within a controlled learning environment, as well as introducing them to the popular and attractive, competitive side of surf lifesaving.

Many of our Maroubra Nippers also develop their skill level to a point where they can compete for the Maroubra SLSC in outside competition and proudly wear our club colours.



As with all volunteer programs involving young people, it's the parents that make it work.



Being involved at Nippers in a practical way is a great way to involve yourself in the community, while supporting your children. You don't need to be a swimmer or a runner to assist at Maroubra Nippers, you just need a positive and encouraging attitude, and some time to roll up the sleeves.

We do have specific training for all parents and guardians who want to get involved. This ensures we have a safe and quality training program for our children, and the activities are all run effectively, efficiently and all with a fun element to become

Over the seasons, our Maroubra Nippers has trained many boys and girls to become Surf Lifesavers, with approximately thirty (30)- forty (40) U14s Maroubra Nippers achieving their Surf Rescue Certificate (SRC) and graduate into our senior club every season. Many of these young men and women have gone onto very responsible and important roles within the club as well as within our community.

Your children's Age Manager will be with them as they progress through the seasons, so please make yourself known to them in the first few weeks of the season.

Our Maroubra Nippers Program for the upcoming season is included in this Information Booklet, which contains the relevant information for all activities your children may participate in and a brief explanation of our Nipper Events.



We hope you will enjoy your time with us and look forward to your participation, as you watch and become involved while your child learns about surf lifesaving.

We look forward to seeing you all on the beach and for your whole family to enjoy the camaraderie and fun of Maroubra Nippers.

John Georgas

Director of Junior Development  
Maroubra Surf Life Saving Club

## JUNIOR DEVELOPMENT MISSION STATEMENT

Maroubra Surf Lifesaving Club seeks to teach our children the skills and knowledge to become junior surf lifesavers and eventually fully fledged, proficient, active, patrolling surf lifesavers, as they will be the custodians of public safety on our beaches.

## OUR AIM

To provide the best lifesaving education and surf sports experience for all junior surf lifesavers at Maroubra Beach, which will also ensure the continued growth and status of Maroubra SLSC as the premier Surf Lifesaving Club in Sydney Branch.

## BENEFITS OF SURF LIFESAVING

- Learn how to enjoy the beach safely.
- Learn how to help others to participate in the ocean safely.
- Promotion of physical growth, development and health together with social interaction and a sense of belonging.
- Gain a sense of personal satisfaction gained from their experience of excitement and personal challenge.
- Invaluable life skills in first aid and resuscitation techniques
- Learn to support and respect our ocean environment



## CODE OF CONDUCT

We have a written code of conduct that captures our shared expectations in relation to member, participant and parent behaviour during all junior activities (*refer to Appendix 1*).

Breaches of this code will be reported to and reviewed by the Maroubra Surf Lifesaving Disciplinary Committee.

## OUR VALUES

**Participation**

**Commitment**

**Enjoyment**

## Age Groups

A child's Nipper's age group is determined by their age as at Midnight on 30th September each year; e.g. if your child is eleven (11) on 30th September 2019, they will be in the under 12 age group this season.

*Children must be at least five (5) years old by 30 September to start Nippers.*

Age Group	Cap colour	Date of birth
Under 6	Lime Green	1 October 2013 to 30 September 2014
Under 7	White	1 October 2012 to 30 September 2013
Under 8	Turquoise	1 October 2011 to 30 September 2012
Under 9	Royal Blue	1 October 2010 to 30 September 2011
Under 10	Silver Grey	1 October 2009 to 30 September 2010
Under 11	Purple	1 October 2008 to 30 September 2009
Under 12	Dark Green	1 October 2007 to 30 September 2008
Under 13	Yellow	1 October 2006 to 30 September 2007
Under 14	Red	1 October 2005 to 30 September 2006



## Photography Policy

Maroubra SLSC has a policy to ensure a high level of care is exercised with photographic images, particularly of junior members. This policy is to mitigate the risk that photographs of members are not misused or altered for inappropriate purposes. All third party photographers must complete an authority to photograph form, endorsed by the Maroubra SLSC Board of Management.

Maroubra Nippers may wish to use photographs of you or your child in its communication activities and to promote the club. Surf Lifesaving Australia (SLSA) has included a paragraph on imagery (**Item 8 of the membership renewal declaration**) that allows SLSA and Maroubra SLSC authority to publish images of Nipper children for this purpose.

If you wish to take photographs of your child's group during Nippers activities, please first speak to your Age Manager, or Age Liaison Manager, to ensure that there is no objection from other parents or guardians.

If as a parent or guardian, you feel a photographer is intrusive or out of place, **please** let your Age Manager, or Age Liaison Manager, know immediately.



### U14 Age Group – “Maroubra Rookies”

The Maroubra Surf Lifesaving Club will be continuing the **Maroubra Rookies** initiative, which is a comprehensive Under 14 programme to train our junior lifesavers and support their transition into the senior club. This program was rewarded the **“Club Innovation of the year award” in 2012 by SLS Sydney Branch** and has since been adopted by many other clubs.

The program will be conducted during the Maroubra Nippers season, mostly on Sunday mornings, to fit in with the Maroubra Nippers events. It includes:

- Training for the Surf Rescue Certificate (SRC)
- Special opportunities to develop team and leadership skills
- Assisted transition into the senior club and joining a patrol
- Special opportunities to experience and visit other parts of the surf lifesaving organisation: Helicopter Base and Off Shore Rescue Boats
- Assisting and mentoring of children in younger age groups
- Reward and recognition for commitment & diligence to the final year of Nippers



Enrolment for Maroubra Rookies is through Nipper's registration, into the U14 group with the costs of SRC and other awards covered by Maroubra Nipper's fees. Also, U14s will receive an entry key-tag to the senior club, a “Rookie” summer hoodie and a parting gift from Maroubra Nippers at the end of season presentation.

## Surf Education and Age Group Proficiencies

Surf education is an important part of Nippers and is based on a defined structure and outcomes, as set by SLISA, to aid the children's lifesaving development. During the season, all Nippers can gain their respective Surf Education award for their age group. Age Managers will be teaching children all skills required to achieve these awards.

Before a child can participate in any Nippers event, they must complete the Preliminary Skills Evaluation. This proficiency is conducted on proficiency swim registration days at the Maroubra Seals club. Other opportunities may be arranged early in the season by special arrangement.

To maintain safety and lifesaving standards, SLISA has set a minimum level of proficiency that Nipper members must achieve before being eligible to compete in carnivals.

Children will have the opportunity to complete this Competition Skills Evaluation during the first few weeks of Nippers.

Age Group	Preliminary Skills Evaluation	Preliminary Competition Swim	Competition Skills Evaluation	Surf Education
Under 6	Torpedo off the wall Hold rescue Tube (shallow water activities only)	No Competition	No Competition	Surf Play One
Under 7	3m Torpedo off the wall & Kick Hold rescue Tube (shallow water activities only)	No Competition	No Competition	Surf Play Two
Under 8	25 metre swim (Freestyle stroke) 1 minute survival float	Nil	Nil	Surf Aware One
Under 9	50 metre swim (Freestyle only) 1 ½ minute survival float	200 metre swim (Freestyle within 6 min)	Minimum 150m open water swim within 10min	Surf Aware Two
Under 10	50 metre swim (Freestyle only) 1 1/2 minutes survival float	200 metre swim (Freestyle within 6 min)	Minimum 150m open water swim within 10min	Surf Safe One
Under 11	150 metre swim (Freestyle only) 2 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim Within 15min	Surf Safe Two CPR Certificate
Under 12	150 metre swim (Freestyle only) 2 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim Within 15min	Surf Smart One CPR (if not already achieved) and Basic Emergency Care
Under 13	200 metre swim (Freestyle only) 3 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim Within 15min	Surf Smart Two CPR and Basic Emergency Care (if not already achieved)
Under 14	200 metre swim (Freestyle, in less than 5 minutes) 3 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim within 10min	SRC (Surf Rescue Certificate)
Notes	<b>Every junior member competing in branch &amp; state competition must have complete the preliminary &amp; competition evaluation swims &amp; appropriate surf education awards</b>		<b>This must be completed for the relevant age group before being able to compete at surf carnivals</b>	<b>The relevant age surf education awards must be completed each season prior to 31<sup>st</sup> December and meet the 80% attendance requirement. Talk to your age manager about absences.</b>

## Sunday Organisation and Activities

***A parent or guardian is required to be at the beach at all times during nippers.***

What to wear and bring:

- Compulsory
  - Maroubra SLSC Nipper cap with their name clearly marked on the Age Group colour side;
  - Maroubra SLSC Hi-Viz Pink Vest for all water events.
- Recommended:
  - Maroubra SLSC swimming costume;
  - Sunscreen applied before Nippers starts;
  - Goggles (recommended for swim events);
  - Wet Suit (if water temperature is cold)

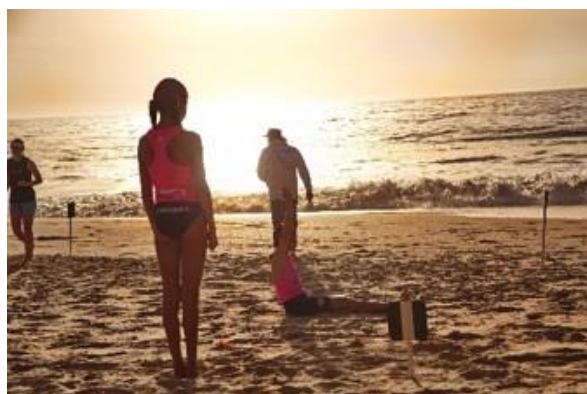


If we consider a piece of clothing inappropriate and dangerous in the water, we will ask the parent to change it before allowing the child to enter the water.

### No Pink Vest, No Nipper Cap – No Water Events

To enable Nippers to run smoothly on Sundays, please take note of the following:

- **U6, U7, & U8 Nippers commences at 8.00 am sharp.**
  - Children assemble behind their age group signs at **7.45am** so that the Age Managers can mark the roll.
  - Nippers concludes at **9.00am**
- **U9, U10, U11, U12, U13 & U14 Nippers commences at 9.00am sharp.**
  - Children assemble behind their age group signs at **8.45am** so that the Age Managers can mark the roll.
  - Nippers concludes at **10.30am**
- ***At the conclusion of events, you or a nominated responsible adult should collect your child from their Age Manager, and their name checked off the roll. Children should then remove their Nipper cap.***



The order of events will be per the day's Age Group roster. Wade and water event locations will be decided based on prevailing water conditions on the day.

Our events will still be conducted during wet weather but may be modified to suit the conditions. The decision to cancel, due to adverse weather conditions or other unforeseeable events, will usually be made on the day and an SMS message sent out as soon as possible.

## Supervision of children

- Age Managers, supported by Age Assistants are responsible for supervising and guiding children in their age group through each Sunday's program. All care is taken.
- Child protection legislation requirements are met.
- Participation of children is encouraged but not compulsory – some children choose not to participate in some activities and we will not force them to, nor should you.
- Refer to the website for the list of Age Managers.
- No child is allowed in the club showers unless being supervised by an adult.

## Beach Set-up / Pack-up /BBQ

Surf Lifesaving is a voluntary organisation, and so is Nippers.

### ***Parents & Guardians are required to run it.***

There is a roster system for parents & guardians of each age group to help with beach set-up, pack-up and running the BBQ – each age group has only one Sunday morning in the whole season.

We need the efforts of all parents and encourage everyone to lend a hand whenever possible – many hands make light work.



A summary is listed below of where the help of parents & guardians is required:

<b><i>Beach set-up</i></b>	Starts at <b>7.00am</b> and requires a minimum of 4 helpers. Putting up BBQ tent and setting up BBQ's and tables. Putting out age group boxes, age signs and beach flags. Setup drinks/ice. Finish at approx. <b>8.00am</b> .
<b><i>BBQ</i></b>	Starting at <b>8.00am</b> and requires a minimum of 4 helpers. Cutting rolls. Help with BBQ and serving. Finish and clean up at <b>12.00pm</b> .
<b><i>Beach Pack-up</i></b>	Starts about <b>11.00am</b> and requires a minimum of 4 helpers. Ensure boards are washed and put away. Putting beach flags, age group boxes etc. away. Putting drinks, BBQ's, tables and BBQ tent away. Finish at approx. <b>12.00pm</b> .

Age Managers will take a roll call on the roster day for each Age Group.

***If there are insufficient helpers who turn up for an Age Group, then there will be no Nipper activities for that age group on that day.***

The roster will be posted on the Maroubra Nippers Calendar 2019/2020 and reminders will be sent by SMS.

## Special Events

Maroubra Nippers will hold some special events during the season. These will be announced in weekly newsletters, on the website, by SMS, email, and by the Age Managers.

## Parent & Guardians Engagement & Involvement

Maroubra Nippers is a family club. We greatly encourage and need parents & guardians to get involved, to help Nippers run smoothly, safely and to enhance the experience for you and your children.



The success of Nippers is dependent on parents and guardians support

There is a range of opportunities to get involved (*as detailed below*).

Please note anyone helping must have a current working with children clearance (*see membership tab on the website for instructions*).

### Age Managers

- These volunteers take care and guide their age groups on a Sunday morning, most being Nipper's parents/guardians themselves.
- They are responsible for encouraging the children of their age group to participate, enjoy and co-operate in all activities at the club.
- Age Managers must complete the **SLSA Age Manager Award**.
  - This course is conducted face-to-face annually and can be completed online.
- Age Managers, must also complete a *Working with Children Clearance (WWCC)*.
- There are strict guidelines on the ratio of qualified Age Managers required on the beach to run Nippers
  - **To meet SLSA Guidelines, Maroubra requires a minimum of one (1) Age Manager per twenty (20) Nippers holding the relevant SLSA Age Manager Award.**



### Age Manager Assistants

- Age Assistants work with the Age Managers each week to assist in running and delivering the Nipper Program in a safe, effective and fun manner.
- Age Assistants help on the beach with organising the children, setting up flags, sorting the kids into groups, staying with children not entering the water, ensuring children stay as a group etc.
- We encourage parents/guardians to attain the **SLSA Age Manager's Award** and to help with beach activities.

- This award can be attained online or through a course that can be presented in one evening.
- It does not mean that all recipients of the award have to become an actual Age Manager, but having some parents qualified to help in this way, makes it easier for the Age Manager and enhances the experience for the children.
- Age Manager Assistants and other parent & guardian helpers, must also complete a *Working with Children Clearance (WWCC)*.
  - Please make yourself known to your Age Manager, or Age Liaison Manager, if you would like to help out regularly and we can ensure that the relevant documentation is completed.

### Age Liaison Managers

- Age Liaison Managers work with Age Managers each week to assist in running and delivering the Nipper Program by working closely with parents and guardians and ensuring delegated tasks and duties are completed.
- Age Liaison Managers answer parent queries, delegate age tasks, promote upcoming events, assists and induct parents and families into the club.
- Age Liaison Managers, must also complete a *Working with Children Clearance (WWCC)*.
  - Please make yourself known to your Age Manager if you would like to help out regularly and we can ensure that the relevant documentation is completed.

### Water Safety Personnel

- These volunteers hold a minimum of a SLSA **Bronze Medallion or Surf Rescue Certificate (SRC)** and are recognisable as they wear the orange rash vest and cap or SLSA Patrol Uniform.
- There are strict guidelines on the ratio of water safety to children in the water, so it is essential that we have a sufficient number of parents/guardians who take on this challenge.
  - **To meet SLSA Guidelines, Maroubra requires a minimum of one (1) Water Safety Personnel per five (5) Nippers being proficient SRC or Bronze Medallion holder.**
- Maroubra SLSC facilitates this by running several Bronze Medallion courses over the season, and we encourage parents/guardians to have a go.
  - Every year dozens of parents/guardians complete the Bronze Medallion course.
  - If you are interested, please talk to your Age Manager, Age Liaison Manager, or a Committee Member for more information.
  - Completing the Bronze Medallion not only gives a lot of personal satisfaction but also opens up the door to further involvement and awards within the club.
  - Dates for courses will be advertised in the weekly newsletter and on the website.
- Please note that only proficient SRC or higher award holders can enter the water with the children during Nippers activities.
  - There can be no exceptions to this rule
- Water Safety personnel must also complete a *Working with Children Clearance (WWCC)*.
  - Please make yourself known to your age manager if you would like to help out regularly and we can ensure that the relevant documentation is completed.



### Surf Sports Official

- Becoming an official is an excellent way to get involved as a parent and have a good vantage point of the competition (you can be an official in the area for your child's age group).
- ***As part of carnival entry requirements, Maroubra must provide an official for every ten (10) competitors registered for the carnival.***
- To become an official you must attend a one evening SLSC Officials course, which is run to explain the events, competitive arenas and associated rules.
  - We encourage parents who may not be as confident in the water but have children who are keen to compete, to join the official's team.
- Without officials from Maroubra Nippers, our children would not be allowed to compete at surf carnivals.
- Surf Sports Officials, must also complete a *Working with Children Clearance (WWCC)*.
  - Please make yourself known to your Age Manager, or Age Liaison Manager, if you would like to help out regularly and we can ensure that the relevant documentation is completed.



### Beach setup / Beach Clean-up

- The parents & guardians of each age group will be roster to help with beach set-up and pack-up, at least once per season.
- *As more hands make this work easier, anyone who can is welcome to turn up from 7.00am to lend a hand.*

### Committee Member

- Maroubra Nippers is run by the Junior Development Committee.
- There are several elected and appointed positions on the committee, and we encourage any parent who is interested in joining the committee to come along and lend a hand.
- To support the Junior Development Sub-Committee we have a number of sub-committees
- We are always open to new ideas and any help offered.
- We meet at least once per month during the season – usually at 7.00pm on the Fourth Wednesday of every month either at Maroubra Surf Club or Maroubra Seals Club.
  - Please contact any Junior Development Committee Member if you are interested.

### Sponsors

- Maroubra Nippers is reliant on the generous donations from its sponsors for its financial well-being.
- Sponsorship funds enable the club to function and purchase essential and often expensive equipment for Nippers.
- Please support our sponsors who are listed on our website and promoted in our weekly newsletters.
- If you would like to Sponsor Maroubra Nippers, please contact the Director of Junior Development.
- *All donations are 100% tax deductible.*

## Surf Skills and Surf Sports Training

Outside of normal Nippers' Sunday activities, Maroubra offers additional training sessions for those interested children who want to compete and/or improve their surf skills.

All children must wear their Nippers cap and hi-vis vest to training sessions.

Parents/guardians must stay at the beach during these sessions.

Please arrive at least 10 minutes before the training starts to sign the attendance sheet, pick up a board if required, and allow groups to be allocated according to available Water Safety numbers, participant ability and prevailing conditions.

Due to strict water safety ratios, it is not always possible to immediately accommodate late arrivals.

Any changes to training sessions will be advertised on the website, TeamApp and in the weekly newsletter.

The regular training sessions are:

- **Wednesday & Friday 4.30pm – 5.30pm at Maroubra Beach.**

Grade 2 (Intermediate) junior board training:

Suitable for children who are capable of moving through the break zone unassisted and have completed the Competition Skills Evaluation.

- **Tuesday & Thursday 4:30pm– 5:30pm at Maroubra Beach (by invitation only)\***

Grade 1 (Advanced) junior board training in conjunction with Maroubra SLSC Senior Squad.

Please note that group determination will depend on surf conditions on the day and is at the discretion of the coaches.

*\*\*\*All sessions will be conducted by SLSC accredited coaches with proficient Water Safety Personnel assisting and ratios being met*

- **Saturdays 8:00am – 9:30am at La Perouse (or Maroubra beach if conditions permit)**

Beginners' & Technique/Fitness Flat water board: This training is suitable for U8's and above (including any Nippers in older age groups) to introduce board paddling and improve confidence, skills and fitness in open water swimming in a flat & calm water environment.

This session is particularly useful for children who are intimidated by the bigger surf at Maroubra.

- **Sundays 7.30am-8.30am at Maroubra Beach\***

Competition surf board & surf swim training: Conducted by an SLSC accredited coach, it focuses on board & water skills development for competition and is suitable for U9 and above who are interested in competing in surf carnivals and have advanced surf skills.

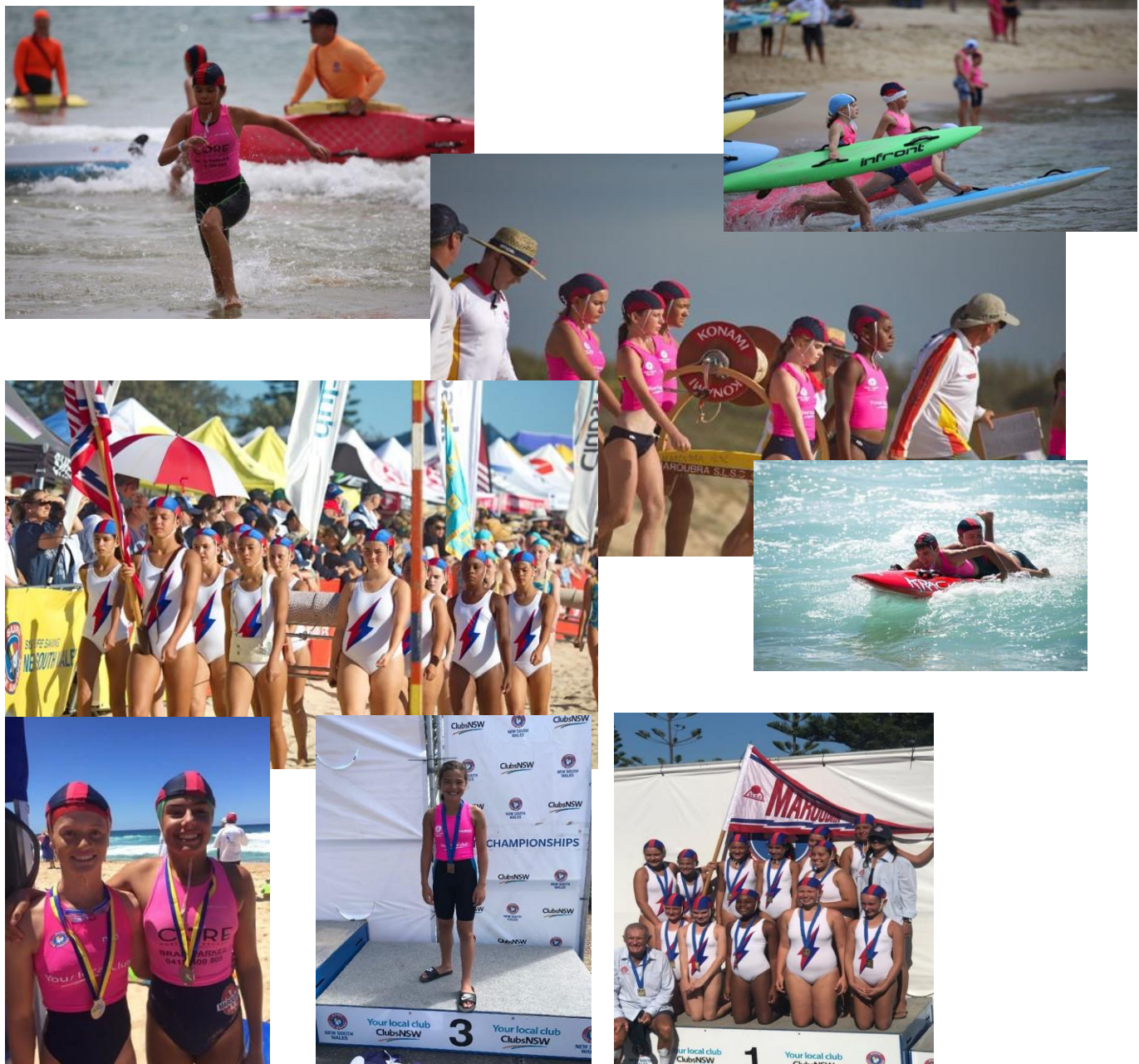


- **Sundays 10:30am-11:30am at Maroubra Beach**  
*Racing and skills development (for sand and water events)* aimed at developing competitor confidence and increasing participation and representation. **NB Sand training may commence at 8.00am.**

These sessions target U8s and above who are wanting to develop their confidence and experience to compete in 'friendly races' before graduating to race at club level, and eventually represent our Club.

- **Sundays 11.30am -12.00pm at Maroubra Beach**
- March Past Training
- **Sundays 12.00pm -12:30am at Maroubra Beach**  
R&R Training

**Please speak to Age Manager, Age Liaison Manager or Junior Development Committee Member for more information about further training sessions.**



## Injury and Insurance

In the unfortunate case of a Nipper injuring themselves during any Nipper's activity, you must report this to your Age Manager, Age Liaison Manager or Committee Member before leaving the venue to seek medical advice.

Reporting is vital to ensure proper management of the injury and maintaining the integrity of Club's insurance process.

## Equipment Rules

- Look after it.
  - Put it back clean (hose the salt and sand off) & put back in its proper place
  - Boards should be carried not dragged.
  - Boards set aside as competition boards are to be used only for competition and competition training.
  - Sign out and sign in boards if using for Carnivals.
  - Report any damage to gear steward for repair
  - Do not stand up on boards or kneel on foam boards.
- **Foam boards:** *Under 9's and 10's and for all beginners' board training.*
- **Fibreglass boards:** *Under 11's to 13's.*
- **Long boards:** *Under 14's.*

## Equipment & Board Hire

All club boards & equipment will require an annual payment prior to any being issued for competition or training:

- **Foam Boards and Older Fibreglass - \$50 Hire Fee and \$100 Refundable Deposit**
  - **New Fibreglass & Long Boards - \$150 Hire Fee and \$200 Refundable Deposit**
- Note: Hire Fee is non-refundable with all boards bar coded and allocated to an individual nipper.
- All boards borrowed from the club must be returned in good condition at the completion of the Nippers last carnival at the completion of 2019/2020 season.

## Competition - Carnivals

There are several inter-club carnivals conducted during the season for age groups U8 or U9 and above.

Please refer to the website for a list of dates, times, events and registration requirements.

<b>Carnival</b>	<b>Venue</b>	<b>Dates</b>
Maroubra R&R Clinic	Maroubra SLSC	Sunday 15 <sup>th</sup> September 2019
Sydney Water All Age Round 1	Venue TBC	Saturday 26 October 2019
Sydney Water All Age Round 2	Venue TBC	Saturday 2 November 2019
Randwick Shield	Coogee SLSC	Sunday 3 November 2019
Sydney Water All Age Round 3	Venue TBC	Saturday 9 November 2019
Sydney Water All Age Round 4	Venue TBC	Saturday 30 November 2019
Cronulla Short-Course	Cronulla SLSC	Saturday 16 November 2019
Under 8's Challenge	South Maroubra SLSC	TBC

Ohana Surf Classic	Elouera SLSC	Saturday 7 December 2019
North Cronulla Christmas Open (Includes Junior R&R & March Past)	North Cronulla SLSC	Saturday 14 December 2019
Redhead All Age	Redhead Beach SLSC	Saturday 11 January 2020
Narrabeen Junior Beach (Includes March Past)	Narrabeen SLSC	Sunday 12 January 2020
Manly Nipper Nats	Manly SLSC	Sunday 19 January 2020
Manly Open (Includes Junior R&R & March Past)	Manly SLSC	Saturday 25 January 2020
North Cronulla Australia Day Iron Person	North Cronulla SLSC	Sunday 26 January 2020
Freshwater Open (Includes Junior R&R & March Past)	Freshwater SLSC	Sunday 26 January 2020
Wanda One Club All Age (Includes Junior R&R & March Past)	Wanda SLSC	Saturday 1 <sup>st</sup> February 2020
Sydney Open Championships (Includes only Junior R&R & March Past, & Junior Surf Board)	Maroubra SLSC	Saturday 8 February 2020
Sydney Branch Championships	Maroubra SLSC	Sunday 9 February 2020
NSW State Championships – U9's and above only	Swansea-Belmont SLSC, Blacksmiths Beach	Friday 28 Feb to Sunday 1 March 2020
Australian National Youth Championships – U14's & U15's	Broadbeach & North Burleigh, Qld	Saturday 18 & Sunday 19 April 2020

Note 1: Targeted Surf Sports Event

Note 2: Targeted R&R & March Past Event

Participation at Carnivals is open to all competition proficient Nippers who have completed their **Competition Skills Evaluation, Surf Education Award requirements by 31 December 2019** (which requires a minimum of **80% attendance at Nippers prior to 31 December 2019**) and are committed to attending regular training sessions and successive carnivals.

- These requirements must be met to compete at all, even if only entering sand events.
- Please check with your Age Manager or check your lifesaving online account to ensure that your child is proficient before entering carnivals.
- Please be aware that U9's and above, due to time tabling of events, frequently need to decide between water or beach events.

Children must be registered in advance for Carnivals with funding provided by Maroubra SLSC for the entry fees regarding the above carnivals.

- Please notify the Junior Development Race Secretary (nippersracesecretary@maroubra.slsc.com.au) if you are interested in entering or have questions
- If for some reason your child is registered but cannot attend on the day you will be required to repay the entry fee in full for the missed carnival before being entered in any future carnivals.



**Maroubra Club Costume, Maroubra Club Hi-Viz Pink vests and Maroubra Club Nipper Caps (with Maroubra colours turned out) are compulsory at all carnivals.**

There are 3 Special Carnivals:

1. **Randwick Shield**

Randwick Shield is a friendly annual inter-club junior surf carnival between four Randwick District Surf Life Saving Clubs (Maroubra, South Maroubra, Coogee and Clovelly).

- Children competing in Robbo and All Age Beach Relay must be Competition Proficient to take part in these event.
- It is held on a normal Nippers day and is a simple introductory Nippers Sports activity in a simulated competitive environment and typically runs from 7.30am to 12.00pm.



2. **SLS Sydney Branch Age Championships**

Sydney Branch Age Championships is a competitive event for all Surf Life Saving Clubs in SLS Sydney Branch.

- All children who are Competition Proficient, have completed their competition skills assessment and attended regular training and carnivals throughout the season, are encouraged to enter this event, which is held in place of a regular Nippers day.
- It typically runs from 7.00am to 3.00pm depending on conditions, and in 2020 will be at Maroubra SLSC.



3. **SLS NSW State Age Championship (U9's and above)**

The NSW State Age Championship is open to all Surf Life Saving Clubs in SLS NSW.

- Maroubra Nippers will be selecting a team to attend this event.
  - This is due to the stringent official to competitor ratios, as well as, the highly competitive nature of the event.
  - Preference will be given to competitors who have demonstrated a commitment to competing at carnivals, attending training and Nippers.
- If you have any questions, please speak to your Age Manager in the first instance, or contact our Junior Development Race Secretary.
- This is a 3-day event and requires an early commitment to organise transport, accommodation, uniforms, water safety, officials and registration.
- The event, program, requirements, costs and location will be advertised on the website and weekly newsletter.
- In 2020, the State Championship will be held at Swansea Belmont SLSC at Blacksmiths Beach,



## What to bring?

Please refer to the attached Nippers Carnival Guide (*located also on Maroubra SLSC website*) for what to bring and do when attending Nipper's carnivals.

## Team Selection

All eligible children are encouraged to compete on an individual basis: however, the strongest competitors are typically selected for team events.

The criteria for team selection are:

- Entered into a specific carnival in individual events.
- Performance at Point Score and Club Championship days.
- Performance at previous carnivals.
- Performance at Nippers.
- Attendance at Nippers.
- Attendance at training.



Age Managers will select teams and inform participants before the event.

In the case of any disputes, the issue can be reviewed by the Selection and Dispute Committee, which will consist of the Director of Junior Development, the Surf Sports Coordinator and two Committee Members who do not have a child in that age group. Their decision will be final.

Please note that changes to teams are sometimes required on the day due to the absence of team members, water conditions, injuries, fatigue, etc. The relevant Age Manager will make this decision in consultation with the Team Manager, and the appropriate people informed as soon as possible. We understand that this can lead to disappointment, but this only happens in the circumstances outside of our control. If your child is in a team event, please inform the Age Manager or Team Manager as soon as possible if your child is no longer able to compete in the event or attend the carnival.



## Officials

As part of Carnival requirements, our club must provide an official for every ten (10) competitors registered (this includes Branch and State carnivals).

***If we do not have enough Officials, we will have to restrict the numbers who can attend.***

Becoming an official is an excellent way to get involved as a parent and have a good vantage point of the competition (you can officiate in the area of your child's age group).

To become an official, you must attend a one (1) day SLSA Officials' course, which explains the various competition arenas and rules associated with them.

We would encourage parents who are not as confident in the water but have children keen to be in competition to join the Officials team.

The dates for the Officials course will be advertised in the weekly newsletters and on our website.



## Carnival Events

Water	Wade	U8 only
	Wade relay	U8 only. Four (4) competitors in a team.
	Surf race (Swim)	U9 to U14. In Age Groups
	Surf team (Swim)	U9 to U14. In Age Groups – Four (4) competitors in a team
	Board race	U9 to U14.
	Board Relay	U 9 to U 14. In Age Groups – Three (3) competitors in a team.
	Board Rescue	U11 to u14. In Age Groups – Two (2) competitors in team
	Cameron Relay	U11 to U14. In Age Groups and/or Mixed Gender- Four (4) competitors to a team (comprising 1 swim, 1 board & 2 run)
	Buchanan Relay	U8 to U14. Mixed Age Groups – Six (6) competitors in team (wade, swim, board)
	Iron person	U11 to U14. In Age Groups (Swim – Board – Run)
	All Age Board relay	U9 to U14. Mixed Age Groups and Gender - One (1) competitor from each Age Group
Beach	Beach Flags	U8 to U14. All Age Groups
	Beach Sprint	U8 to U14. All Age Groups.
	Beach relay (sprint)	U8 to U14. All Age Groups. Four (4) competitors in a team
	All Age relay	U8 to U14. Mixed Age Groups and Gender - One (1) competitor from each Age Group
	R&R	U10 to U14. All Age Groups. Two (2) or Four (4) competitors in a team
	March Past	U8 to U14. Mixed Age Groups and Gender - Twelve (12) competitors in a team
Combined	Championship Lifesaver	U14 Attained SRC - Multiple Choice Theory Test, Two (2) Part Resuscitation & Patient Assessment Scenarios, Physical Events (Board Race, Beach Sprint, Surf Race, Rescue Tube Race)

## March Past

The March Past event comprises teams of twelve (12) members who carry a small surf reel in a display formation around the arena and is judged in a similar way to diving or gymnastics, i.e. point deducted for mistakes.

***Being a team event, it requires commitment from the team members.***

Team members need to be available for training outside the normal Nipper Sunday morning activities; usually done after Nippers on a Sunday.

Members march to music and are dressed in the March past bathers.

The team captain is at the front of the team and carries the club flag.

It is a good team activity for the full range of members; however, they must have completed their Competitive Skills evaluation to participate.

A coach is available, and there are several events during the season, culminating in the State Age Championships.

Maroubra Nippers covers carnival entry fees for the March Past team.



## R&R Events

The Rescue and Resuscitation (R&R) competition provides the opportunity for Maroubra Nippers to competitively demonstrate traditional rescue and resuscitation techniques used in Surf Life Saving.



## Point Score Champion and Point Score Days

To recognise our most consistent performers, Point Score Champion Awards are based on a point score system and will be awarded for each age group from U8s and above for both male and females.

Two Point Score events will be held during the season (subject to water and weather conditions), and all Nippers are encouraged to compete in these friendly races.

These events not only go towards the Point Score Champion Award but will also help to prepare our Nippers for a competitive environment and give great life skills experience.



Points will be allocated as per the table below and consist of the following events, run under competition rules:

	Points per event
First place	6
Second place	5
Third place	4
Fourth place	3
Fifth place	2
Sixth place	1

Events
Flags
Sprint
Board
Swim

***The pre-requisite for the Point Score Champion Award is 80% attendance at Nippers and completion of Age Group Education Awards.***

## Development Camps

Sydney Branch runs development camps for U11 and U13 age groups each year with places for nine (9) Maroubra Nippers at each camp.

Age Managers will nominate children to attend these camps, based on:

- General attitude, behaviour and participation at Nippers.
- Attendance at Nippers.
- Completion of Surf Education awards.
- Expectation of continuing in Nippers and into Surf Lifesaving.



There is a high expectation of behaviour and participation at these development camps.

## End of Season Presentation

Maroubra Nippers has an end of season presentation for all age groups with the date and time to be announced in the weekly newsletter and promoted on Maroubra SLSC website.

At the presentation night the following awards will be given:

- U14s Graduation and their SRC
- Age Nipper Award (U11 – U14)
- Age Point Score Champion Award (U8s and above)
- Age group awards (U11 and above who have completed all Surf Education awards including CPR and Emergency Care certificates where appropriate).
- Surf Education Certificates (all age groups).
- Age group medals (all age groups).



Age Managers nominate the Age Nipper Award candidates for each age group, which are approved by the Junior Development Committee.

Awards are made to individuals who have demonstrated the values of Maroubra Nippers (**Participation, Commitment, Enjoyment**) through their behaviour and attitude, which can include participating in club activities and carnivals, achievement of Surf Education Awards and sportsmanship.

Please note that 80% attendance at Nippers is required to receive Surf Education Awards.



This event will be held at the Surf Club and includes finger food. The whole family is invited.

***Please see the season calendar and website for details.***

## Maroubra Nippers Costumes

Club swimwear and other merchandise can be purchased directly from our supplier (**Fashion Fish**) via the Store on the Maroubra SLSC TeamApp (refer Appendix 3).

We encourage children to wear club costumes at normal Sunday nippers as it enhances their feeling of belonging to the club.

Children who compete at Carnivals must wear club costumes to compete.

## Communication

Maroubra Nippers uses a range of tools to communicate to Nippers families over the season:

- Website: [www.maroubraslsc.com.au](http://www.maroubraslsc.com.au)
- Maroubra SLSC TeamApp (refer Appendix 3)
- Whats App – Age Group Chats will be set up for all Age Groups
  - Please download the App from Apple Store or Google Play
- SMS: To your nominated mobile phone – used for urgent messages and reminders.
  - If your contact details change or you are not receiving SMS or emails, please send us an email us with your child's name, age group and any necessary changes.
- Maroubra Nippers can be contacted through email [nippers@maroubraslsc.com.au](mailto:nippers@maroubraslsc.com.au) or talk to your Age Manager, Age Liaison Manager or a Junior Development Committee Member.

## Key Contacts

- Director of Junior Development – [nippers@maroubraslsc.com.au](mailto:nippers@maroubraslsc.com.au)
- Junior Development Secretary – [nipperssecretary@maroubraslsc.com.au](mailto:nipperssecretary@maroubraslsc.com.au)
- Junior Development Registrar – [nippersregistration@maroubraslsc.com.au](mailto:nippersregistration@maroubraslsc.com.au)
- Junior Development Race Secretary – [nippersracesecretary@maroubraslsc.com.au](mailto:nippersracesecretary@maroubraslsc.com.au)
- Education/Training – [education@maroubraslsc.com.au](mailto:education@maroubraslsc.com.au)
- General Club Enquiries – [admin@maroubraslsc.com.au](mailto:admin@maroubraslsc.com.au)

***Please refer to the Website for an up-to-date list of Age Managers and members of the Junior Development Committee.***

***Disclaimer:*** This information booklet is meant as a guide to parents, and although all care has been taken to ensure that the information in this book is correct at time of press, Maroubra SLSC Junior Development Committee takes no responsibility for omissions or errors.



## Appendix 1 - Code of Conduct (Adapted from Australian Sports Fair Play Code of Conduct)

### Parents Code

- Do not force an unwilling child to participate.
- Children are involved for their enjoyment, not yours.
- Encourage children to play by the rules.
- Encourage the effort being as important as the result.
- Work towards improving skills and sportsmanship.
- Do not yell or abuse a child for making a mistake.
- Recognise and encourage good play or efforts.
- Recognise efforts of volunteer Age Managers, trainers, Water Safety and Committee Members. They are not there to be abused or harassed. They are doing their best for your children.



### Participants Code

- Play to enjoy the sport
- Follow the rules.
- Control your temper and be a good sport.
- Treat other participants as you like to be treated.
- Encourage all in your team.
- Listen to your Age Manager, Water Safety and trainers.



### Age Manager Code

- Be responsible for the overall safety and well-being of the group.
- Be responsible for the groups learning.
- Make sure the opportunity for participation is available for all children.
- Encourage participation for the fun of it
- Teach participants the rules for their safety.
- Avoid encouraging and rewarding only the talented children. All children deserve equal encouragement.
- Follow club team selection recommendations for competitive carnivals.



***If you have any issues with the conduct of any child, age manager or other representative of Maroubra Nippers, please contact your Age Manager in the first instance, or Age Liaison Manager.***

***If this is not appropriate, please contact the Director of Junior Development directly.***



## Appendix 2 - Nippers Carnival Guide

Nippers Carnivals allow children to compete against other Surf Clubs. These can be a lot of fun, but it is very important to be prepared.

Maroubra Nippers will put up a Maroubra tent at all Carnivals, which will be the nominated meeting place. Look out for the Maroubra Flags.

The following is a checklist of things to bring for you and your child for Nippers carnivals:

- Patience
- Maroubra Nippers cap (required to compete)
- Maroubra Nippers costumes.
- Maroubra Hi-Viz Pink Vests
- Sunscreen and zinc
- Goggles for surf events
- Hat / Cap with peak or brim to keep the sun off.
- Thongs, crocs, sandals or similar in case the sand is hot.
- Long sleeve shirt for added sun protection.
- Jumper/jacket and track suit pants for cold days and after water events.
- Towels
- Snacks, Water and drinks
- Lunch if required – many time carnivals can extend past lunchtime, otherwise lunch could be purchased close by (often BBQ's are run by hosting club).
- Wet weather gear.
- Portable chairs
- Money to purchase food, drinks etc.



**Competition Board** – Boards can be signed out from the club the week before the event and brought with you to the Carnival.

- Note that all club boards will require payment annually which includes a Hire Fee and Refundable Deposit prior to any boards being issued,
  - **Foam Boards and Older Fibreglass - \$50 Hire Fee and \$100 Refundable Deposit**
  - **New Fibreglass & Long Boards - \$150 Hire Fee and \$200 Refundable Deposit**
- Following season end all boards hired from the club must be returned in good condition
- On some occasions, the club trailer will bring the boards to the event.

**Parking** – Always allow time to find parking at these events.

**Arrival** – Should plan to arrive at least ½ hour before the marshalling time of your child's first event. Meeting time will be included on Carnival Program. Children need to have their registration marked off and number written on their arm or arm bands attached.

**Co-ordination** – The nominated team / age manager will then guide you and your children throughout the carnival. Keep their mobile number handy to contact if required. It helps if the age team stays together as events could be called at times different to the schedule.

***If unable to attend carnival at last minute, please contact the Team or Age Manager as soon as possible as this could affect team events which will need to be rearranged.***

There can be a lot of waiting around between events at Carnivals, which can be frustrating for parents but provides an opportunity for the children to interact with the other children in the various age groups. We encourage the children to support other team members when they compete which promotes a fantastic team spirit and is a wonderful introduction to competition for younger members.

## Appendix 3 – TeamApp

**MAROUBRA SLSC**

**NOW HAS ITS OWN APP**



Your Team. Your App.

Download our awesome new app now and stay up to date with all the latest information!

Install the Maroubra SLSC App on your smartphone or tablet now!

**Follow these steps:**

1. Download Team App from the Apple or Google Play app store.



2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "Maroubra SLSC".
4. Choose your applicable access group(s).
5. If you don't have a smartphone go to [maroubraslsc.teamapp.com](http://maroubraslsc.teamapp.com) to sign up and view this App online.



**Need help?**

Contact: Maroubra SLSC

Email: [admin@maroubraslsc.com.au](mailto:admin@maroubraslsc.com.au)

Phone: (02) 93491336

[teamapp.com](http://teamapp.com)