

# Junior Development Activities

Pre-Season Briefing  
2020/2021



**UBRA SLSC**

Maroubra Surf Life Saving Club  
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## ***Junior Development Committee***

- Director of Junior Development - **John Georgas** (nippers@maroubraslsc.com.au)
- Deputy Director of Junior Development - **James Lamb** (membership@maroubraslsc.com.au)
- Junior Development Secretary - **Victoria Park** (nipperssecretary@maroubraslsc.com.au)
- Water Safety Coordinator - **Phil Carter** (finance@maroubraslsc.com.au)
- Junior Development Registrar - **Tresne Cheshier** (nippersregistration@maroubraslsc.com.au)
- Junior Development Education Officer - **Megan Still** (education@maroubraslsc.com.au)
- Age Manager Coordinator - **Tracie Barber** (agemanager@maroubraslsc.com.au)
- Junior Development Equipment Officer & COVID Marshall - **Grant Owen** (admin@maroubraslsc.com.au)
- Junior Development Race Secretary - **David Love** (nippersracesecretary@maroubraslsc.com.au)
- BBQ Co-Ordinators / Photographers - **Noel & Carolyn Whittaker**



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# COVID Safety Plan - Sunday



## Nipper 500 Zone

- Entry/Exit – One Way In & Out
- Max 500 in Nipper Zone – Adults & Nippers
- No Parents, Guardians and/or Siblings as Spectators
- No Mingling between Age Groups (Except Water Safety)
- 2 Sqm Rule to be enforced for Helpers Only
- No Mingling around Zone, Club & Promenade
- All Helpers Must Sign in With QR Code
- COVID Marshalls per Age Group
- No BBQ



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# COVID Safety Plan – Mid-Week & Saturday

## Maroubra



## Frenchmans

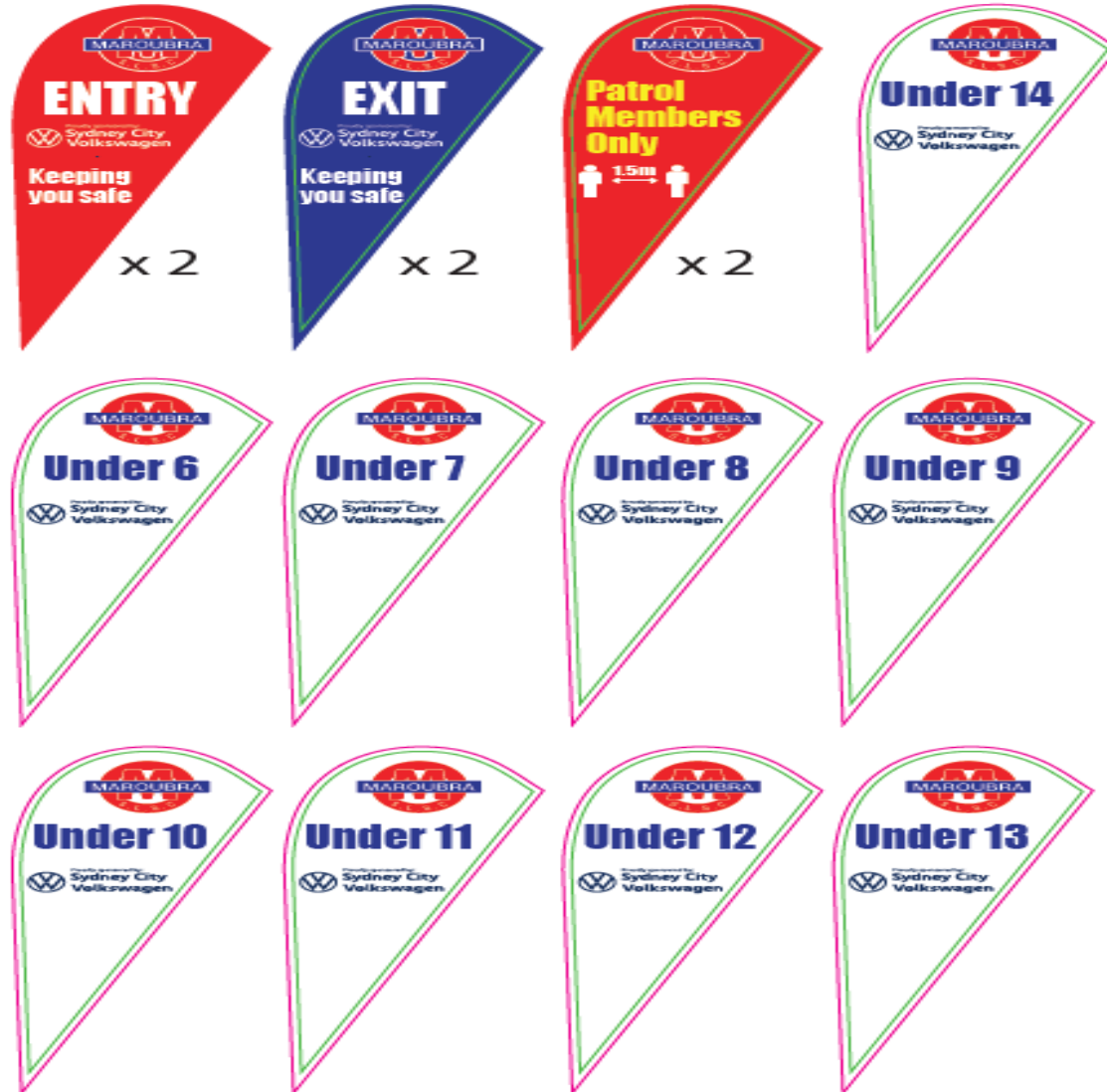


- All Helpers & All Nippers Must Sign in With QR Code
- COVID Marshall to be in Attendance



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# Banners



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# Activity

- Nippers Season Commences Sunday 18<sup>th</sup> October
  - 6.30am – 8.00am: **Beach Set Up**
  - 8.00am – 9.00am: **U6s, U7s, U8s & U9:**
  - 9.00am – 9.30am: **Area COVID Clean**
  - 9.30am – 10.30am: **U10s, U11s, U12s, U13s:**
  - 9.00am – 10.30am: **U14s:** (Rookie SRC Program Outside of Nipper Zone)
  - 10.30am – 11.00am: **Beach Pack Up & COVID Clean**
- Poor Surf Conditions/Beach Closed – **Nippers Not Proceeding**
  - ***Attempt to communicate via Surf Guard on Evening prior as best we can***



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# What To Bring?

- Nippers to Bring Own
  - Nipper Cap
  - Nipper Vest
  - Water Bottle
  - Towel
  - Suncream
  - Jacket (Optional)
  - Wet Suit (Optional)
  - Bag (Optional)
- Suggest they get ready at Home before heading down and same when leaving



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# *Nippers Mandatory Uniform*

- Remind Nippers each week – No Cap and/or Vest No Nippers
- Hi Viz Vests (Rashie or Singlet)
  - Existing Nippers to wear Previous Vest
    - ✓ Can Purchase Online and available for collection Prior at Collection Point
      - Refer to Website for purchase details
  - New Nippers to obtain from Collection Point Prior to Nippers
  - Collection Point – Table near Entry to Nipper Zone



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# Attendance Registration

- Sunday
  - Nippers - LSV App To Record Attendance For Sunday Activities
    - ✓ [Nippers https://nipperapp.sls.com.au/#Fb73rxv9tS6hmPZ3v](https://nipperapp.sls.com.au/#Fb73rxv9tS6hmPZ3v)
    - ✓ Will need Mobile Phones/Ipads to Access
  - Adults – QR Codes
- Mid-Week & Saturday
  - QR Code – Nippers and Adults



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# ***Preliminary & Competition Swims***

- Preliminary Swims to be conducted as part of Nippers with the following Water Safety Ratios
  - New – 1:1
  - Existing U6-U9 – 1:1
  - Existing U10-14 – 1:3
- Age Managers (SRC/Bronze) &/or Junior Committee Members to sign off on Preliminary Swims via LSV App.
- Need as many Water Safety Personnel as possible to Attend



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# Proficiency Swims

AGE GROUP	PRELIMINARY EVALUATION	POOL SWIM EVALUATION	BEACH EVALUATION
Under 6	From a standing position in waist deep water, perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.	1:1	1:1
Under 7	From a standing position in waist deep water, perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.	1:1	1:1
Under 8	25m swim (any recognised stroke) 1-minute survival float	1:1	1:1
Under 9	25m swim (any recognised stroke) 1.5 minute survival float	1:1	1:1
Under 10	25m swim (any recognised stroke) 1.5 minute survival float	1:3	1:3
Under 11	50m swim (any recognised stroke) 2 minute survival float	1:3	1:3
Under 12	100m swim (any recognised stroke) 2 minute survival float	1:3	1:3
Under 13	150m swim (any recognised stroke) 3 minute survival float	1:3	1:3
Under 14	200m swim (any recognised stroke, in less than 5 minutes) 3 minute survival float	1:3	1:3



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# Preliminary & Competition Swims

AGE GROUP	PRELIMINARY EVALUATION	COMPETITION EVALUATION	AGE GROUP
Under 6	From a standing position in waist-deep water, perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.		Surf Play 1
Under 7	From a standing position in waist-deep water, perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.		Surf Play 2
Under 8	25m swim (any recognised stroke) 1-minute survival float	Nil (no water competition, except for wade which takes place in waist-deep water)	Surf Aware 1
Under 9	25m swim (any recognised stroke) 1 minute survival float	Minimum 150m open water swim (any recognised stroke)	Surf Aware 2
Under 10	25m swim (any recognised stroke) 1.5 minute survival float	Minimum 150m open water swim (any recognised stroke)	Surf Safe 1
Under 11	50m swim (any recognised stroke) 2 minute survival float	Minimum 200m open water swim (any recognised stroke)	Surf Safe 2
Under 12	100m swim (any recognised stroke) 2 minute survival float	Minimum 200m open water swim (any recognised stroke)	Surf Smart 1
Under 13	150m swim (any recognised stroke) 3 minute survival float	Minimum 200m open water swim (any recognised stroke)	Surf Smart 2
Under 14	200m swim (any recognised stroke, in less than 5 minutes) 3 minute survival float	Minimum 200m open water swim (any recognised stroke)	Surf Rescue Certificate (SRC)



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# Planned Activities

- Will endeavour to spend as much time in the water as possible
  - Subject to
    - ✓ Surf & Weather
    - ✓ Water Safety Ratios
  - Main Water Skills Stations focus on Swim & Board
    - ✓ Entering & Exiting, Wave Negotiation, Swim & Paddle
- Increased Rescue Scenarios to improve confidence, skill & fitness levels rather than just swim around the can
- Alternate Skills Stations
  - Sand - Flags, Sprints
  - Lifesaving - Education, First Aid



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# ***Age Managers & Age Assistant***

## **Age Manager** – White Polo or White Button Up

- Leads the Nippers Session
- Minimum Requirement - Age Manager / Age Assistant Award, Financial General Member, Working With Children Check (WWCC)
- Recommended - Bronze Medal or SRC Holder

## **Age Assistant** – Light Blue Polo or White Button Up

- Assists the Age Manager in Running Nipper Sessions effectively
- Minimum Requirement - Age Manager / Age Assistant Award, Financial General Member
- Recommended - Bronze Medal or SRC Holder, Working With Children Check (WWCC)

***Note: Age Assistants Still to Achieve Award will be provided with a Rubber Wrist-Band***



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# ***Age Liaison Manager & COVID Marshall***

## **Age Liaison Manager** - Light Blue Polo or White Button Up

- Team manager to work closely with parents and promote activities
- Minimum Requirement - Age Manager / Age Assistant Award, Financial General Member,
- Recommended - Bronze Medal or SRC Holder, Working With Children Check (WWCC)

## **COVID Marshalls** – Yellow Hi-Viz

- Assists the Age Manager compliance with COVID Safety Plan, ensuring Social Distance within Zones, and ensuring only relevant helpers are in the area.
- Minimum Requirement - Age Manager / Age Assistant Award, Financial General Member
- Recommended - Bronze Medal or SRC Holder, Working With Children Check (WWCC)



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# ***Water Safety Role and Criteria***

## **Water Safety Personnel** - Navy Blue Polo and/or Orange Rashie and Cap

- To assist with all water based activities
- Minimum Requirement - Financial General Member, Bronze Medal or SRC Holder,
- Recommended - Age Manager / Age Assistant Award, Working With Children Check (WWCC)
- Follow instruction by Water Safety Supervisor or delegated authority
- Must have either a tube or board as rescue equipment over waist deep water
- ***Required to be in attendance for Missing Nipper Scenario***



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# *Nippers Uniforms*

- **Either Polo Shirts**
  - **White** – Age Managers
  - **Light Blue** – Age Helpers
  - **Navy Blue** – Water Safety
    - ✓ Need to wear Orange Water Safety Vest and Caps
  - **Maroon** – Support Crew
- **Or Button Up Shirts**
  - **White** – Age Managers
  - **White** – Age Helpers
  - **White** - Support Crew
- **Wristband** - Age Managers in Training
- **Yellow Hi Vis** - COVID Marshalls



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## ***We are recruiting***

- We all have a role in recruiting new and experienced people to assist the smooth running of activities
  
- Each season we need to replenish the ranks as our U14s graduate
  
- As a Club we have an enviable position
  - we are leaders in developing people willing to commit
  - we can
    - ✓ Train
    - ✓ Mentor
    - ✓ Assess



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# *Parent Engagement*

- Goal - One family member Assisting with Nippers
- Training & Education
  - Age Managers Award
  - Bronze Medallion or Surf Rescue Certificate (SRC)
  - First Aid
  - Surf Sports Official



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# Surf Sports & Competition

- Develop confident competitors and increase representation
- Have fun
- We are in the best position to recognise new talent and encourage engagement
  - Be proactive in suggesting members join Surf Sport training squads
- Celebrate Surf Sport participation within the team
  - March Past / R&R is a gateway for many and a fantastic way to join the competitive ranks and make new friends
  - State Medalists – Water, Sand and March Past
- Sourcing coaches from Maroubra and other clubs to assist and to be mentored



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# ***Surf Sports & Competition***

- Junior Surf Sport selections to be based on participation and performance in designated activities
  - 80% attendance at selected carnivals (To Be Determined)
  - 80% attendance at selected training programs and/or additional training
  
- All representative selections to be endorsed by JDC on recommendation by Surf Sport Coordinator and Surf Sport Coaches



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# Surf Sports

- Due to COVID Restrictions, no Competitions are Planned this side of Xmas
  - Potential for some mini-Intra Club Competition amongst districts
- With Numbers restricted at Carnivals, Nippers wishing to compete will need to attend additional training
  - Water – Swim Squads and/or Club Endorsed Training
  - Sand – Athletics and/or Club Endorsed Training
- Branch & State Championships (Potential)
  - Branch Championships – selected Competitors Only (Elite Athletes)
  - State Champs – Need to qualify through Branch Championships
- Nippers to express interest to Dave Love (Surf Sports Coordinator)
- Surf Sports Meeting to be Held in Next few weeks.



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# ***Member Protection Officers***

- Member Protection Information Officer (new SLS Branch endorsed qualifications)
  - Linda Hession – [surfsports@maroubraslsc.com.au](mailto:surfsports@maroubraslsc.com.au)
  - James Lamb – [membership@maroubraslsc.com.au](mailto:membership@maroubraslsc.com.au)
  - Vix Park – [nipperssecretary@maroubraslsc.com.au](mailto:nipperssecretary@maroubraslsc.com.au)
  
- Member Protection Officer (new SLS Branch endorsed qualifications & WWCC Check)
  - George Benhayon – [mpo@maroubraslsc.com.au](mailto:mpo@maroubraslsc.com.au)



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## ***Member Protection – key points***

- We have a duty of care for the Junior Lifesavers in our care
  - ***Please exercise judgement, experience and avoid conflicts***
  
- Escalation chain for unresolved complaints and issues
  - Surf Sports -> Surf Sports Coordinator (Dave Love)
  - Age Manager issues -> Age Manager Coordinator (Tracie Barber)
  - Water Safety -> Water Safety Coordinator (Phil Carter)
  - Members and Parents -> Director Junior Development (John Georgas)



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# Communication Tools

- Email - @maroubraslsc.com.au
- Surfguard Messages – SMS & Email
- Whats App Group
- Website
- Facebook – For Members Only



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# Questions

# Thank You



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