

Junior Development Competition Meeting

U8 – U14 Nipper Surf Sports
2018-19



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Maroubra SLSC Junior Development Committee

Director of Junior Development

John Georgas

Deputy Director of Junior Development

James Lamb

Junior Development Secretary

George Benhayon

Water Safety Coordinator

Phil Carter

Junior Development Registrar

Lucille Testard

Age Manager Coordinator

George Benhayon

Junior Development Education Officer

Megan Still

Junior Development Equipment Officer

David Love

Junior Development Race Secretary

Katja O'Sullivan

Junior Development Surf Sports Coordinator

David Love



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What is Nippers and its Aim?

- Maroubra Junior Development (Nippers) is an educational program that teaches U6 – U14 junior members to be **“Young Lifesavers of the Future”**
- Our Nippers will be taught a wide range of skills, all associated with being a Surf Lifesaver when they get older and graduate in the U14’s with their SLS Surf Rescue Certificate, via our **Maroubra Rookie Program**:
 - a mind-set of being safe in the water,
 - physical skills to allow them to enjoy the ocean
 - an understanding of serving the community via surf lifesaving.
- Maroubra follows the SLSA guides for each age group, and each age group has its learner guides which are presented to them in the season

U6 - Surf Play 1	U7 - Surf Play 2
U8 - Surf Aware 1	U9 - Surf Aware 2
U10 - Surf Safe 1	U11- Surf Safe 2
U12 - Surf Smart 1	U13 - Surf Smart 2
U14 - Rookie SRC	



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Nippers Surf Sports

- Maroubra has a rich history in competition with many club members having represented their country across many discipline
- Develop confident competitors and increase representation for Maroubra
- From Under 8s, Nippers can compete in Intra-Club, Inter-Club and branch competition
 - From Under 9s, Nippers can participate in state competition.
- Sand & Water Events:
 - Water
 - ❖ Individual – Wade, Swim, Board, Iron Person, Championship Lifesaver (SRC)
 - ❖ Team – Swim Teams (4), Board Relay (3), Board Rescue (2), Cameron Relay (4)
 - Sand
 - ❖ Individual – Sprints, Distance, Flags
 - ❖ Team – Beach Relays, March Past, R&R



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Carnival Events

Water	Wade	U8 only
	Wade Relay	U8 only. Four (4) competitors in a team.
	Surf Race (Swim)	U9 to U14. In Age Groups
	Surf Team (Swim)	U9 to U 14. In Age Groups – Four (4) competitors in a team
	Board Race	U9 to U14.
	Board Relay	U 9 to U 14. In Age Groups – Three (3) competitors in a team.
	Board Rescue	U11 to u14. In Age Groups – Two (2) competitors in team
	Cameron Relay	U11 to U14. In Age Groups and/or Mixed Gender- Four (4) competitors to a team (comprising 1 swim, 1 board & 2 run)
	Buchanan Relay	U8 to U14. Mixed Age Groups – Six (6) competitors in team (wade, swim, board)
	Iron Person	U11 to U14. In Age Groups (Swim – Board – Run)
	All Age Board relay	U9 to U14. Mixed Age Groups and Gender - One (1) competitor from each Age Group
Beach	Beach Flags	U8 to U14. All Age Groups
	Beach Sprint	U8 to U14. All Age Groups.
	Beach Relay (Sprint)	U8 to U14. All Age Groups. Four (4) competitors in a team
	All Age Relay	U8 to U14. Mixed Age Groups and Gender - One (1) competitor from each Age Group
	Distance	U12-U14. In Age Groups. (1k Run)
	R&R	U10 to U14. All Age Groups. Two (2) or Four (4) competitors in a team
	March Past	U8 to U14. Mixed Age Groups and Gender - Twelve (12) competitors in a team
Combined	Championship Lifesaver	U14 Attained SRC - Multiple Choice Theory Test, Two (2) Part Resuscitation & Patient Assessment Scenarios, Physical Events (Board Race, Beach Sprint, Surf Race, Rescue Tube Race)



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Competition Criteria

SLSA Requirement regarding all Sand & Water Events

- Must have the ability, strength and fitness standard to complete the course
- Must be able to complete the Junior Competition evaluation for their age group
- Any competitors wishing to compete at Branch and/or State Carnivals (water or beach events) must have successfully completed:
 - ❖ Junior Preliminary Competition Swim
 - ❖ Junior Competition Skills Evaluation
 - ❖ Appropriate Surf Education Award for their Age Group by 31 December 2018
 - 80% attendance at Nippers is required to receive Surf Education Awards.

Maroubra SLSC Requirement:

- Commit to attending 80% of Maroubra coordinated competition training
 - ❖ It's highly recommended they also doing additional training outside of Nippers (eg swim squads, athletics, etc)
- Commit to attending 80% of Club Targeted Carnivals
- Parent Involvement



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SLSA Guidelines

Age Group	Preliminary Skills Evaluation	Preliminary Competition Swim	Competition Skills Evaluation	Surf Education
Under 8	25 metre swim (Freestyle stroke) 1 minute survival float	Nil	Nil	Surf Aware One
Under 9	50 metre swim (Free stroke only) 1 ½ minute survival float	200 metre swim (Freestyle within 6 min)	Minimum 150m open water swim within 10min	Surf Aware Two
Under 10	50 metre swim (freestyle only) 1 1/2 minutes survival float	200 metre swim (Freestyle within 6 min)	Minimum 150m open water swim within 10min	Surf Safe One
Under 11	150 metre swim (freestyle only) 2 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim Within 15min	Surf Safe Two CPR Certificate
Under 12	150 metre swim (freestyle only) 2 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim Within 15min	Surf Smart One CPR (if not already achieved) and Basic Emergency Care
Under 13	200 metre swim (freestyle only) 3 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim Within 15min	Surf Smart Two CPR and Basic Emergency Care (if not already achieved)
Under 14	200 metre swim (freestyle, in less than 5 minutes) 3 minutes survival float	200 metre swim (Freestyle within 5 min)	Minimum 288m open water swim within 10min	SRC (Surf Rescue Certificate)



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Nippers Surf Sports Coaches

Surf Sports Coordinator

- David Love

Water

- Head Coach – Lisa McGuigan
- Qualified Swim Coaches
 - ❖ Phil Carter
 - ❖ George Benhayon
- ❖ Surfing – Andrew O’Sullivan

Sand – Sprints, Flags, Relays, Distance

- Coaches – Brad & Lucette Parkes

Sand - March Past

- Coach Brian Purdon
- March Past Captain – Farah Messina

Sand - R&R

- Coach – David Love



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Surf Sports – Training Calendar

Grade 1 Board & Swim (Advanced)

- Tuesday 4.30pm – 5.30pm at Maroubra Beach (Fees Apply)
- Thursday 4.30pm – 5.30pm at Maroubra Beach (Fees Apply)
- Sunday TBC at Maroubra Beach

Grade 2 Board & Swim (Intermediate)

- Wednesday 4.30pm – 5.30pm at Maroubra Beach (Fees May Apply)
- Friday 4.30pm – 5.30pm at Maroubra Beach (Fees May Apply)
- Sunday TBC at Maroubra beach

Grade 3 Board & Swim (Beginners)

- Saturday 8:00am -10:00am at Frenchman's Beach, La Perouse or Maroubra Beach
- Sunday TBA
 - **Subject to change see TeamApp for latest schedule**

Sand – Sprints, Flags, Relays, Distance

- Sunday 8.00am – 9.00am at Maroubra beach

Sand – R&R

- Friday TBA at Maroubra Beach
- Sunday 11.30am – 12.00pm at Maroubra beach

Sand – March Past

- Sunday 8.30am – 9.00am at Maroubra beach



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Surf Sports –Club Competition Training

- **Preparing for competition**

- ***Every Sunday 10.30am – 11.30am***
Competition Training
- Include Team & Multi-Discipline Events
 - ❖ Board Relay
 - ❖ Cameron Relay
 - ❖ Board Rescue
 - ❖ Iron Person
 - ❖ Beach Relay
 - ❖ Champion Lifesaver

- **Club Point Score**

- Club Race Events
 - ❖ Flags
 - ❖ Sprints
 - ❖ Swim
 - ❖ Board
- Club Race Dates (Subject to Change)
 - ❖ Sunday 11 November Round 1
 - ❖ Sunday 16th December Round 2
 - ❖ Sunday 17th February Round 3
- *SLSA Criteria Applies*

Refer to TeamApp for latest Schedule or Changes



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Nipper Surf Sports – Carnivals

Carnival	Venue	Dates
Sydney Water All Age Round 1	Warilla Barrack Point SLSC	Saturday 27 October 2018
Sydney Water All Age Round 2	Venue TBC	Saturday 3 November 2018
Maroubra R&R Clinic	Maroubra SLSC	Saturday 3 November 2018
Randwick Shield	Run by Clovelly SLSC, Hosted at South Maroubra SLSC	Sunday 4 November 2018
Sydney Water All Age Round 3	Fairy Meadow SLSC	Saturday 10 November 2018
Sydney Water All Age Round 4	Shell Harbour SLSC	Saturday 17 November 2018
Cronulla Short-Course	Cronulla SLSC	Saturday 17 November 2018
Under 8's Challenge	South Maroubra SLSC	Saturday 1 December 2018
Ohana Surf Classic	Elouera SLSC	Saturday 8 December 2018
North Cronulla Christmas Open <i>(Includes Junior R&R & March Past)</i>	North Cronulla SLSC	Saturday 15 December 2018
Narrabeen Junior Beach <i>(Includes March Past)</i>	Narrabeen SLSC	Sunday 13 January 2019
Wanda One Club All Age <i>(Includes Junior R&R & March Past)</i>	Wanda SLSC	Saturday 19 January 2019
Manly Nipper Nats	Manly SLSC	Sunday 20 January 2019
Manly Open <i>(Includes Junior R&R & March Past)</i>	Manly SLSC	Saturday 26 January 2019
North Cronulla Australia Day Iron Person	North Cronulla SLSC	Sunday 27 January 2019
Freshwater Open <i>(Includes Junior R&R & March Past)</i>	Freshwater SLSC	Sunday 27 January 2019
Boutique Carnival <i>(Includes Junior R&R & March Past)</i>	TBC	Saturday 2 February 2019
Sydney Open Championships <i>(Includes only Junior R&R & March Past, & Junior Surf Board)</i>	Maroubra SLSC	Saturday 9 February 2019
Sydney Branch Championships	Maroubra SLSC	Sunday 10 Feb 2019
NSW State Championships – U9's and above only	Swansea-Belmont SLSC, Blacksmiths Beach	Friday 1 to Sunday 3 March 2019
Australian National Youth Championships – U14's & U15's	Broadbeach & North Burleigh, Qld	Saturday 30 & Sunday 31 March 2019

Note 1: Targeted Surf Sports Event

Note 2: Targeted R&R & March Past Event



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Nipper Surf Sports – Targeted Carnivals

Focus events:

- Randwick Shield (Nov)
- Cronulla Short Course (Nov)
- Ohana Classic Junior Carnival (Dec)
- Wanda One Carnival (Jan)
- Manly Nipper Carnival (Jan)
- *Sydney Branch Championships (Feb)**
- *NSW Age Championships (Mar)**
- *Australian Championships (Mar)**

Teams will be selected for championships (events with *) based on

- Performance at Club Races
- Participation and performance at focus events
- Attendance at training
- Attendance at carnivals
- Receipt of the relevant Age Award
- Attendance and performance at Nippers

Nippers are to register their interest for each carnival to our Nippers Race Secretary

Maroubra will pay the carnival entry fee for those nippers that meet the required criteria to compete.

If a Nipper is a “No-Show” to a carnival that they have been entered into, and sufficient advance notice is not provided and/or satisfactory reason for their absence, the Nipper will be required to repay the entry fee to the club and repeat offenders will be denied entry to future carnivals



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Nipper Carnival Minimum Requirements

Water Activities

- Minimum One (1) Water Safety Personnel per 5 Nippers
- Minimum One (1) IRB including Driver & Crew
- All Nippers compulsory to wear Nippers Caps & Hi-Viz Pink Vests

Surf Carnivals

- Minimum One (1) Surf Sports Official per 10 Nippers
- Minimum Ten (10) Water Safety Personnel
- Minimum One (1) IRB including Driver & Crew
- First Aid & Marshalls
- All Nippers compulsory to wear Nippers Caps & Hi-Viz Pink Vests



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What Do You Bring?

- Maroubra Nippers will put up a Maroubra tent at all Carnivals, which will be the nominated meeting place. Look out for the Maroubra Flags.
- Your checklist of things to bring :
 - Patience
 - Maroubra Nippers cap (required to compete)
 - Maroubra Nippers costumes.
 - Maroubra Hi-Viz Pink Vests
 - Competition Board(s)
 - Sunscreen and zinc
 - Goggles for surf events
 - Hat / Cap with peak or brim to keep the sun off.
 - Thongs, crocs, sandals or similar in case the sand is hot.
 - Long sleeve shirt for added sun protection.
 - Jumper/jacket and track suit pants for cold days and after water events.
 - Towels
 - Snacks, Water and drinks
 - Lunch if required – many time carnivals can extend past lunchtime, otherwise lunch could be purchased close by (often BBQ's are run by hosting club)
 - Wet weather gear.
 - Portable chairs
 - Money to purchase food, drinks etc



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What Can You Expect?

- **Frustration & Delays**

- Surf Conditions play a significant part with the program always changing and/or being delayed depending on what the conditions provide for the day.
 - ❖ When conditions don't work in our favour, usually team events are the ones that are cancelled.

- **Parking**

- Always allow time to find parking at these events.

- **Arrival**

- Should plan to arrive at least ½ hour before the marshalling time of your child's first event.
 - ❖ Meeting time will be included on Carnival Program.
- Children need to have their registration marked off and their age group and event numbers written in black ink on their arm or arm bands attached.

- **Co-ordination**

- The nominated team / age manager will then guide you and your children throughout the carnival.
 - ❖ Keep their mobile number handy to contact if required.
- It helps if the age team stays together as events could be called at times different to the schedule.



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How Can You Help?

- Maroubra SLSC is a **family club** powered by dedicated volunteers and community members
 - Maroubra Nippers is also **run by parents & guardians**
- **We need at least one parent helper from each competitor family to meet our obligations**
 - **Water Safety Personnel**
 - ❖ Bronze/SRC
 - ❖ IRB Crew
 - **First Aid Marshall**
 - **Team Manager**
 - **Surf Sports Official**
 - **Skills Coach/Trainer**
 - **Carnival Volunteers (Tents, etc)**
 - **Age Manager**
 - ❖ Age Manager Assistant
 - ❖ Age Liaison Manager
 - **Sub – Committees**
 - **Surf Sports**
 - **Carnivals**
 - Anyone involved in Nipper Activities is required to complete a Working with Children Clearance.

Maroubra must supply resources (Official, Water Safety, First Aid, Marshalls, general helpers and child supervision) for every carnival it attends.



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Boards & Equipment

- **Type of Boards**

- *Foam boards:* *Under 9's and 10's.*
- *Fibreglass boards:* *Under 11's to 13's.*
- *Long boards:* *Under 14's.*

- **Club Boards**

- A limited number of boards are available to competitors and regular training participants,
 - Subject to a board use agreement (user responsible for all repairs)
- All borrowed boards must be returned in good condition at the completion of the last season carnival
- Register interest with Gear Coordinator (Dave Love)



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What you MUST know and Follow

- SLSA Policy and Procedures
- NSW SLS Policy and Procedure
- Sydney Branch SLS Policy and Procedure
- Maroubra Surf Club Policy and Procedure
- Maroubra Nippers Policy and Procedure

- **Escalation chain for complaints and issues**
 - Age Group Programs/Training -> Age Liaison Manager or Age Manager
 - Age Manager Issues -> Age Manager Coordinator (George Benhayon)
 - Surf Sports -> Surf Sports Coordinator (Dave Love)
 - Water Safety -> Water Safety Coordinator (Phil Carter)
 - Members and Parents -> Director Junior Development (John Georgas)



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Communications

- Website: www.maroubraslsc.com.au
- Newsletters: emailed to your nominated account
- SMS: sent to your nominated number [source of truth]
- TeamApp: our social media site
 - [need to add the how to join info]

Follow these steps:

1. Download Team App from the Apple or Google Play app store.



2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "Maroubra SLSC".
4. Choose your applicable access group(s).
5. If you don't have a smartphone go to maroubraslsc.teamapp.com to sign up and view this App online.



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Commitment

Nipper Competitors

- Meet the minimum standard as set by SLISA & Maroubra SLSC
- Attend Regular Training (Internal and external)
- Attend Targeted Carnivals
- Support your team members
- Meet new friends
- Have Fun

Nipper Parents

- Taxi for training and carnivals
- Support and encourage your child
- Get Involved
- Make new friend
- Patience



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Any Questions

Thank You



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