

# Maroubra Nippers Sports Events



Water	Wade	U8 only
	Wade Relay	U8 only. Four (4) competitors in a team.
	Surf Race (Swim)	U9 to U14. In Age Groups
	Surf Team (Swim)	U9 to U 14. In Age Groups – Four (4) competitors in a team
	Board Race	U9 to U14.
	Board Relay	U 9 to U 14. In Age Groups – Three (3) competitors in a team.
	Board Rescue	U11 to u14. In Age Groups – Two (2) competitors in team
	Cameron Relay	U11 to U14. In Age Groups and/or Mixed Gender- Four (4) competitors to a team (comprising 1 swim, 1 board & 2 run)
	Buchanan Relay	U8 to U14. Mixed Age Groups – Six (6) competitors in team (wade, swim, board)
	Iron Person	U11 to U14. In Age Groups (Swim – Board – Run)
	All Age Board relay	U9 to U14. Mixed Age Groups and Gender - One (1) competitor from each Age Group
Surfing	U13 to U14. In Age Groups	
Beach	Beach Flags	U8 to U14. All Age Groups
	Beach Sprint	U8 to U14. All Age Groups.
	Beach Relay (Sprint)	U8 to U14. All Age Groups. Four (4) competitors in a team
	All Age Relay	U8 to U14. Mixed Age Groups and Gender - One (1) competitor from each Age Group
	Distance	U12-U14. In Age Groups. (1k Run)
Traditional	R&R	U10 to U14. All Age Groups. Two (2) or Four (4) competitors in a team
	March Past	U8 to U14. Mixed Age Groups and Gender - Twelve (12) competitors in a team
Combination	Championship Lifesaver	U14 Attained SRC - Multiple Choice Theory Test, Two (2) Part Resuscitation & Patient Assessment Scenarios, Physical Events (Board Race, Beach Sprint, Surf Race, Rescue Tube Race)
Pool (Winter)	Pool Rescue	U11 to U14 In Age Groups